
CME POSTTEST

J Clin Psychiatry Audiograph Vol. 5 No. 3 February 2002 • Trauma and Stress: Diagnosis and Treatment

Participants may receive up to 2 hours of Category 1 credit toward the American Medical Association Physician's Recognition Award by studying the material in this Audiograph and correctly answering at least 70% of the questions in the posttest that follows.

1. Read each question carefully and circle the answer on the Registration Form.
2. Type or print the registration information in the spaces provided, and complete the evaluation.
3. Send the Registration Form along with a check, money order, or credit card payment in the amount of \$10 to the address or fax number listed on the Registration Form.
4. For a credit certificate to be issued, answers must be postmarked by the deadline shown on the CME Registration Form.

All replies and results are confidential. Answer sheets, once graded, will not be returned. Unanswered questions will be considered incorrect and so scored. The Physicians Postgraduate Press, Inc. Office of Continuing Medical Education will keep only a record of participation, which indicates the completion of the activity and the designated number of Category 1 credit hours that have been awarded. Correct answers to the quiz will be made available to the participants of this activity upon request after the submission deadline.

Accreditation Statement

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1. Which of the following is not a symptom cluster of posttraumatic stress disorder (PTSD)?
 - a. Re-experiencing
 - b. Avoidance
 - c. Confrontation
 - d. Arousal
2. According to the National Comorbidity Survey, what is the lifetime prevalence of PTSD in the United States?
 - a. 55.7%
 - b. 27.3%
 - c. 7.8%
 - d. 1%
3. The boundary between the normal reaction to a horrible experience and PTSD is always clearly defined.
 - a. True
 - b. False
4. PTSD is associated with what type of change in cortisol levels?
 - a. No change
 - b. Increased
 - c. Decreased
 - d. Unknown
5. Rates of PTSD after rape are
 - a. Much higher in men than women
 - b. Much higher in women than men
 - c. Very low in both men and women
 - d. Similarly high in both men and women
6. The best-established treatment for trauma survivors and people with PTSD is
 - a. Psychotherapy
 - b. Antipsychotic treatment
 - c. Benzodiazepine treatment
 - d. Electroconvulsive therapy
7. For which class of drugs is the strongest evidence of efficacy compared with placebo in the treatment of PTSD?
 - a. Benzodiazepines
 - b. Tricyclic antidepressants
 - c. Serotonin reuptake inhibitors
 - d. Antipsychotics

CME REGISTRATION FORM

WEB VERSION

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Circle the one correct answer for each question.

- | | |
|------------|------------|
| 1. a b c d | 5. a b c d |
| 2. a b c d | 6. a b c d |
| 3. a b | 7. a b c d |
| 4. a b c d | |

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Deadline for submission

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Please evaluate the effectiveness of this CME activity by answering the following questions.

- Was the educational content relevant to the stated educational objectives?
 Yes No
- Did this activity provide information that is useful in your clinical practice?
 Yes No
- Was the format of this activity appropriate for the content being presented? Yes No
- Did the method of presentation hold your interest and make the material easy to understand? Yes No
- Achievement of educational objectives:
 - Enabled me to discuss the epidemiology of PTSD. Yes No
 - Enabled me to describe the physiology of PTSD. Yes No
 - Enabled me to select treatment options for patients suffering from trauma-related stress. Yes No
- Did this CME activity provide a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias? Yes No
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- Please offer comments and/or suggested topics for future CME activities.

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___Journal ___Supplement to Journal
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