

# THE PRIMARY CARE COMPANION TO THE JOURNAL OF CLINICAL PSYCHIATRY

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SUPPLEMENT 2

S U P P L E M E N T

**Safety Profiles of  
Mood Stabilizers, Antipsychotics,  
and Broad-Spectrum Psychotropics**

**Editor's Choice for Independent Study:  
A Supplement From The Journal of Clinical Psychiatry**

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#### CME OBJECTIVES

After completing this CME activity, participants should be able to:

- Discuss the neurologic side effects of mood stabilizers, antipsychotics, and broad-spectrum psychotropics
- Assess the risk of cardiovascular side effects in patients treated with mood stabilizers, antipsychotics, and broad-spectrum psychotropics
- Develop a strategy for managing issues related to weight gain in patients treated with mood stabilizers, antipsychotics, and broad-spectrum psychotropics
- Discuss the metabolic side effects such as hyperglycemia that can occur in patients treated with mood stabilizers, antipsychotics, and broad-spectrum antipsychotics
- Describe side effects of the mood stabilizers, antipsychotics, and broad-spectrum antipsychotics that are of issue to women in the reproductive years
- Review the sexual side effects, including prolactin changes and sexual dysfunction, of mood stabilizers, antipsychotics, and broad-spectrum antipsychotics

#### STATEMENT OF NEED AND PURPOSE

Physicians responding to surveys in *The Journal of Clinical Psychiatry* and related CME activities have requested information on the side effects of mood stabilizers, antipsychotics, and other broad-spectrum psychotropics that are increasingly being used in the treatment of psychiatric illnesses. This CME activity was developed to increase physician understanding of safety profiles of medications being used to treat schizophrenia and affective disorders. There are no prerequisites for participating in this CME activity.

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#### DATE OF ORIGINAL RELEASE/REVIEW

This Supplement was published in March 2002 and is eligible for CME credit through March 31, 2003. The latest review of this material was February 2002.

#### FACULTY LIST

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#### FACULTY DISCLOSURE

In the spirit of full disclosure and in compliance with all ACCME Essential Areas and Policies, the faculty for this CME activity were asked to complete a full disclosure statement. The information received is as follows:

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- Dr. Aquila has received honoraria from and is a consultant and a member of the speakers advisory board for Lilly and has received research grant support from Pfizer and Lilly.
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