



Instructions and Posttest

Participants may receive up to 1 Category 1 credit toward the American Medical Association Physician's Recognition Award by reading the CME article and correctly answering at least 70% of the questions in the Posttest that follows:

Go to www.psychiatrist.com/cmehome to take this Posttest online and earn credit immediately.

Or

1. Read each question carefully and circle the answer on the Registration Form.
2. Type or print the registration information in the spaces provided and complete the Evaluation.
3. Send the Registration Form to the address or fax number listed on the Registration Form.

All replies and results are confidential. Answer sheets, once graded, will not be returned. Unanswered questions will be considered incorrect and so scored. The Physicians Postgraduate Press, Inc. Office of Continuing Medical Education will keep only a record of participation, which indicates the completion of the activity and the designated number of Category 1 credits that have been awarded. Correct answers to the Posttest will be made available to the participants of this activity upon request after the submission deadline.

Accreditation Statement

Physicians Postgraduate Press, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

1. In this study, the electronic medical record was used in the following ways for depression screening:

- a. To enter the results of the screening questionnaire
- b. To communicate the screening results to the primary care physician
- c. To communicate follow-up plans from the primary care physician to the nurse
- d. All of the above

2. Overall, approximately what percentage of adult patients in a family practice office screened positive for depression (CES-D score of 20 or greater) in this study?

- a. 3%
- b. 23%
- c. 43%
- d. 83%

3. According to this study, use of an electronic medical record in the primary care setting was associated with a new diagnosis of _____ for over 30% of screened patients with no prior psychiatric diagnoses.

- a. Anxiety disorders
- b. Dementia
- c. Depression
- d. Attention-deficit/hyperactivity disorder

4. In this study, over 30% of persons with no previous psychiatric diagnosis and no previous psychotropic medications were started on new psychotropic medications within 3 months after screening for depression.

- a. True
- b. False

5. In this study, approximately what percentage of patients who returned a 3-month follow-up survey had a decrease in their depression scores?

- a. 10%
- b. 25%
- c. 50%
- d. 90%

Take the CME Posttest online and earn credit instantly

Answer to Pretest: 1. c



Registration and Evaluation

Circle the one correct answer for each question.

- 1. a b c d 4. a b
- 2. a b c d 5. a b c d
- 3. a b c d

Print or type

Name _____

Social Security number _____ - _____ - _____
(for CME credit recording purposes)

Degree _____ Specialty _____

Affiliation _____

Address _____

City, State, Zip _____

Phone () _____

Fax () _____

E-mail _____

Hospital Private Practice Resident Intern

Deadline for submission

For a credit certificate to be issued, please complete this Registration Form no later than June 30, 2005. Online submissions will receive credit certificates immediately. Faxed or mailed submissions will receive credit certificates within 6 to 8 weeks.

Keep a copy for your files

Retain a copy of your answers and compare them with the correct answers, which will be published after the submission deadline.

Payment

If you complete the test online, no payment is necessary. A \$10 payment must accompany this form. You may pay by check, money order, or credit card (Visa or MasterCard). Make check or money order payable to Physicians Postgraduate Press, Inc. If paying by credit card, please provide the information below.

Check one: Visa MasterCard

Card number _____

Expiration date _____

Your signature _____

Please evaluate the effectiveness of this CME activity by answering the following questions.

- 1. Was the educational content relevant to the stated educational objectives? Yes No
- 2. Did this activity provide information that is useful in your clinical practice? Yes No
- 3. Was the format of this activity appropriate for the content being presented? Yes No
- 4. Did the method of presentation hold your interest and make the material easy to understand? Yes No
- 5. Achievement of educational objective:
 - A. Enabled me to summarize ways an electronic medical record can be used to improve diagnosis and follow-up of depression in primary care offices. Yes No
- 6. Did this CME activity provide a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias? Yes No
- 7. Does the information you received from this CME activity confirm the way you presently manage your patients? Yes No
- 8. Does the information you received from this CME activity change the way you will manage your patients in the future? Yes No
- 9. Please offer comments and/or suggested topics for future CME activities.

- 10. How much time did you spend completing this CME activity? _____
- 11. Do you have convenient access to the Internet? Yes No

TEAR OUT AND SEND THIS PAGE, ALONG WITH YOUR PAYMENT, TO:
 PHYSICIANS POSTGRADUATE PRESS, INC. • OFFICE OF CONTINUING MEDICAL EDUCATION • P.O. BOX 752870 • MEMPHIS, TN 38175-2870
IF YOU ARE PAYING BY CREDIT CARD, YOU MAY FAX THIS PAGE TO: OFFICE OF CONTINUING MEDICAL EDUCATION AT 901-751-3444
QUESTIONS? CALL 1-800-489-1001 EXT. 8 • WWW.PSYCHIATRIST.COM