



Instructions and Posttest

Participants may receive up to 1 Category 1 credit toward the American Medical Association Physician's Recognition Award by reading the CME article and correctly answering at least 70% of the questions in the Posttest that follows:

Go to www.psychiatrist.com/cmehome to take this Posttest online and earn credit immediately.

Or

1. Read each question carefully and circle the answer on the Registration Form.
2. Type or print the registration information in the spaces provided and complete the evaluation.
3. Send the Registration Form to the address or fax number listed on the Registration Form.

All replies and results are confidential. Answer sheets, once graded, will not be returned. Unanswered questions will be considered incorrect and so scored. The Physicians Postgraduate Press, Inc. Office of Continuing Medical Education will keep only a record of participation, which indicates the completion of the activity and the designated number of Category 1 credits that have been awarded. Correct answers to the Posttest will be made available to the participants of this activity upon request after the submission deadline.

Accreditation Statement

Physicians Postgraduate Press, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

1. Considering the extent of suicide deaths in the United States, which of the following statements is true?

- a. The majority of people who attempt suicide complete the act and die as a result
- b. One study estimates that there are 10 to 15 completed suicides per year in an average family practice
- c. Frequently, geriatric patients who attempt suicide are likely to have made previous attempts
- d. It is often difficult to differentiate between a true suicidal attempt and a suicidal gesture

2. Parasuicides:

- a. Should not be taken seriously since the patient is only trying to get attention
- b. Are most often seen in religious, geriatric patients
- c. Require the same level of intervention as unambiguous attempts
- d. Almost always involve firearms

3. When a patient presents to the physician's office with active suicidal thoughts or plans, the physician should:

- a. Leave the very emotional patient alone in the exam room to calm down in private
- b. Allow the patient to leave the office after noticing the smell of alcohol on the patient's breath
- c. Question the patient thoroughly regarding his intent, plan, and history of past attempts
- d. Attempt to restrain the hostile patient until law enforcement arrives

4. Which of the following is *not* an appropriate patient safety measure for inpatients who are suicidal?

- a. Remove from the patient's room all available means for self-harm such as sharp objects, belts, drugs, and medical equipment
- b. Restrain, chemically or physically, all suicidal patients to prevent potential self-harm
- c. Have a security guard present if the members of the medical team feel threatened by the patient
- d. Place patients in a room easily observable from the nurses' station

5. Performing a comprehensive physical exam on a suicidal patient is an important role for the primary care physician.

- a. True
- b. False

Answer to Pretest: 1. b



Registration and Evaluation

Circle the one correct answer for each question.

1. a b c d 4. a b c d
 2. a b c d 5. a b
 3. a b c d

Print or type

Name _____

Social Security number _____ - _____ - _____
(for CME credit recording purposes)

Degree _____ Specialty _____

Affiliation _____

Address _____

City, State, Zip _____

Phone () _____

Fax () _____

E-mail _____

Hospital Private Practice Resident Intern

Deadline for submission

For a credit certificate to be issued, please complete this Registration Form no later than October 31, 2005. Online submissions will receive credit certificates immediately. Faxed or mailed submissions will receive credit certificates within 6 to 8 weeks.

Keep a copy for your files

Retain a copy of your answers and compare them with the correct answers, which will be published after the submission deadline.

Payment

If you complete the test online, no payment is necessary. A \$10 payment must accompany this form. You may pay by check, money order, or credit card (Visa or MasterCard). Make check or money order payable to Physicians Postgraduate Press, Inc. If paying by credit card, please provide the information below.

Check one: Visa MasterCard

Card number _____

Expiration date _____

Your signature _____

Please evaluate the effectiveness of this CME activity by answering the following questions.

1. Was the educational content relevant to the stated educational objectives? Yes No
2. Did this activity provide information that is useful in your clinical practice? Yes No
3. Was the format of this activity appropriate for the content being presented? Yes No
4. Did the method of presentation hold your interest and make the material easy to understand?
 Yes No
5. Achievement of educational objective:
A. Enabled me to appropriately manage the patient who has recently attempted suicide.
 Yes No
6. Did this CME activity provide a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias?
 Yes No
7. Does the information you received from this CME activity confirm the way you presently manage your patients? Yes No
8. Does the information you received from this CME activity change the way you will manage your patients in the future? Yes No
9. Please offer comments and/or suggested topics for future CME activities.

10. How much time did you spend completing this CME activity? _____
11. Do you have convenient access to the Internet?
 Yes No

TEAR OUT AND SEND THIS PAGE, ALONG WITH YOUR PAYMENT, TO:
PHYSICIANS POSTGRADUATE PRESS, INC. • OFFICE OF CONTINUING MEDICAL EDUCATION • P.O. BOX 752870 • MEMPHIS, TN 38175-2870
IF YOU ARE PAYING BY CREDIT CARD, YOU MAY FAX THIS PAGE TO: OFFICE OF CONTINUING MEDICAL EDUCATION AT 901-751-3444
QUESTIONS? CALL 1-800-489-1001 EXT. 8 • WWW.PSYCHIATRIST.COM