

## CME BACKGROUND INFORMATION

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To obtain credit, read the material and complete the Posttest and Registration Form on pages 25–27.

### CME OBJECTIVES

After completing this educational activity, you should be able to:

- Recognize the link between depression and physical symptoms such as pain
- Communicate about depression and its treatment with patients when they present with mysterious physical symptoms
- Describe antidepressant mechanisms of action that may be effective for the treatment of depression and physical symptoms

### STATEMENT OF NEED AND PURPOSE

Patients sometimes report physical symptoms such as headaches, weakness, back pain, and constipation that cannot be traced to a physical cause; depression may be the diagnosis behind these symptoms. Some treatments have been found to be effective for both depressive and somatic symptoms. This activity was designed to meet the needs of participants in CME activities provided by Physicians Postgraduate Press, Inc. who have requested information on depression with physical symptoms. There are no prerequisites for participating in this activity.

### ACCREDITATION STATEMENT

Physicians Postgraduate Press, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### CREDIT DESIGNATION

Physicians Postgraduate Press, Inc. designates this educational activity for up to 3 Category 1 credits toward the AMA Physician's Recognition Award. Each participant should claim only those credits that he/she actually spent in the educational activity.

### DATE OF ORIGINAL RELEASE/REVIEW

This Supplement was published in February 2004 and is eligible for CME credit through February 28, 2006. The latest review of this material was October 2003.

### FACULTY

**Chair:** J. Sloan Manning, M.D. **Faculty:** Rakesh Jain, M.D.; Marie Savard, M.D.; and Madhukar H. Trivedi, M.D.

**FACULTY DISCLOSURE** appears on the inside back cover.

### DISCLOSURE OF OFF-LABEL USAGE

In this Supplement, faculty may be presenting investigational information about pharmaceutical agents that is outside U.S. Food and Drug Administration–approved labeling. This information is intended solely as continuing medical education and is not intended to promote off-label use of any of these medications. Please consult the paragraph titled “Disclosure of Off-Label Usage” at the end of each article for a complete listing of off-label or investigational uses. If you have questions, contact the medical affairs department of the manufacturer for the most recent prescribing information.

## REVIEW PROCESS

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This activity has undergone a 3-tier review process: (1) the entire faculty discussed the content at a peer-review planning session; (2) the chair reviewed the activity for accuracy and fair balance; and (3) a member of the External CME Advisory Board reviewed the activity to determine whether the material meets the stated objectives and the posttest accurately reflects the content.

## ACKNOWLEDGMENT

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