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**Answer to Pretest: 1. b**

## Commentary

pp. 4–11

- 1. When preparing for a disaster, what types of mental health problems should the community psychiatrists be alert to in a shelter situation?**
  - a. Exacerbation of chronic conditions due to stress
  - b. The impact of crowding on psychological and physical health
  - c. Medication shortage
  - d. All of the above
- 2. Grief is:**
  - a. The response to loss
  - b. Easily resolved
  - c. Always a precursor to mental illness
  - d. Expressed the same way in all individuals
- 3. On the population health level, challenges and responsibilities for mental health workers in the aftermath of a disaster include all of the following *except*:**
  - a. Creating a database that maintains medical records without sacrificing privacy
  - b. Tracking individuals receiving care at shelters and other emergency health care facilities
  - c. Making sure that crowding is avoided in shelters
  - d. Delivering care that is both medically appropriate and sensitive to the stressors of displacement
- 4. To prepare for potential disasters in their communities, mental health professionals should do all *except*:**
  - a. Create a redundant personal family preparedness plan
  - b. Create a redundant plan for managing patient records
  - c. Learn about alternate care resources outside the community
  - d. Only create a specific plan for dealing with a specific disaster
- 5. Surveillance for mental health disorders is similar to surveillance for infectious diseases.**
  - a. True
  - b. False



# REGISTRATION FORM

Circle the one correct answer for each question.

- 1. a   b   c   d      4. a   b   c   d
- 2. a   b   c   d      5. a   b
- 3. a   b   c   d

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### Deadline for submission

For a credit certificate to be issued, please complete this Registration Form no later than February 29, 2008. Online submissions will receive credit certificates immediately. Faxed or mailed submissions will receive credit certificates within 6 to 8 weeks.

### Keep a copy for your files

Retain a copy of your answers and compare them with the correct answers, which will be published after the submission deadline.

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4. Did the method of presentation hold your interest and make the material easy to understand?     Yes     No
5. Achievement of educational objective:
  - A. Enabled me to describe the factors affecting delivery of mental health care to populations affected by wide-scale disasters and the role grief plays in the aftermath of such disasters.     Yes     No
6. Did this CME activity provide a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias?     Yes     No
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