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**Answers to Pretest: 1. b 2. b**

### Commentary

pp. 60–65

#### 1. Differences in the diagnostic criteria for dysthymia and major depressive episode include:

- a. Number and description of required symptoms
- b. Number and duration of required symptoms
- c. Duration and description of required symptoms
- d. Number, description, and duration of required symptoms

#### 2. What diagnostic question should come to a clinician's mind when seeing a patient with symptoms of depression?

- a. Does the patient have a personality disorder?
- b. Does the patient abuse drugs?
- c. Is the disorder chronic or acute?
- d. Is the disorder mild or severe?

#### 3. The Cognitive Behavioral Analysis System of Psychotherapy (CBASP) model has a situational orientation and includes a strong affective component, which makes the approach broader than standard cognitive-behavioral therapy (CBT).

- a. True
- b. False

#### 4. You are seeing a patient who has had ongoing depression for more than 2 years. What treatment should you suggest?

- a. A dual-action antidepressant
- b. CBT
- c. A monoamine oxidase inhibitor
- d. CBASP, an antidepressant, or the combination

#### 5. A patient who has had ongoing depression for more than 2 years does not remit after an adequate course of treatment. The evidence is strongest for which next step?

- a. Adding an atypical antipsychotic
- b. Switching from CBASP to CBT
- c. Increasing the antidepressant dose
- d. Switching to another antidepressant or to CBASP

### ACADEMIC HIGHLIGHTS

pp. 88–97

#### 6. The lifetime prevalence of major depression in the United States is higher among women than among men.

- a. True
- b. False

#### 7. Depression and medical illness are associated with all of the following *except*:

- a. Poorer prognoses
- b. Increased morbidity and mortality
- c. Decreased medical costs
- d. Increased medical costs

#### 8. The most desired outcome of the acute phase of treatment of depression is:

- a. Response
- b. Remission
- c. Recovery
- d. Recurrence

#### 9. An accurate method of assessing antidepressant side effects in patients includes:

- a. Waiting for spontaneous self-report
- b. The use of self-rated forms
- c. The use of clinician-rated forms
- d. The use of both self-rated and clinician-rated forms

#### 10. Selecting an antidepressant based on whether a depressed patient has comorbid anxiety is a strategy well-supported by the medical literature.

- a. True
- b. False



# REGISTRATION FORM

Circle the one correct answer for each question.

- 1. a b c d      6. a b
- 2. a b c d      7. a b c d
- 3. a b            8. a b c d
- 4. a b c d      9. a b c d
- 5. a b c d      10. a b

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  - A. Enabled me to recognize factors that affect response to treatment of chronic depression.     Yes     No
  - B. Enabled me to formulate a treatment plan for the patient with depression and psychiatric comorbidity such as anxiety.     Yes     No
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