



POSTTEST

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Answer to Pretest: 1. a

Commentary

pp. 291–298

1. Treatment algorithms are often based on which of the following?

- a. Consensus
- b. Expert opinion
- c. Anecdotal evidence
- d. All of the above

2. It is always clear when to prescribe monotherapy and when to prescribe combination treatment for depressed patients.

- a. True
- b. False

3. Which of the following best summarizes the most effective method for treating residual symptoms in depression?

- a. Switch medications
- b. Augment with a medication that targets the residual symptom in question
- c. Choose an initial medication that targets common residual symptoms like insomnia
- d. There is no single most effective method; the available evidence is unclear

4. In early studies of augmentation strategies for depression, lithium may have appeared effective because:

- a. It is truly effective in unipolar depression
- b. Patients enrolled in the studies may have had very mild unipolar depression
- c. Patients enrolled in the studies may have had bipolar depression
- d. Patients enrolled in the studies had anxiety disorders, not depression

5. In which of the following patients would an augmentation strategy probably be most effective?

- a. A first-episode patient with severe initial symptoms who is only partially better
- b. A patient with a lifetime history of multiple failed antidepressant trials, including both monotherapy and combination therapy
- c. A first-episode patient with mild initial symptoms who is skittish about taking more than 1 medication
- d. A patient with recurring mild depression who also has a history of substance abuse



REGISTRATION FORM

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- 2. a b 5. a b c d
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- Hospital Private Practice Resident Intern

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1. Was the educational content relevant to the stated educational objectives? Yes No
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4. Did the method of presentation hold your interest and make the material easy to understand? Yes No
5. Achievement of educational objective:
 - A. Enabled me to evaluate whether treatment algorithms should be incorporated into my clinical practice. Yes No
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