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Answer to Pretest: 1. a

1. According to research by Biederman et al., which statement about the prevalence of comorbid anxiety in patients with ADHD is true?

- a. Girls have been found to have a lower prevalence of multiple anxiety disorders than boys
- b. Boys are more likely to have simple phobia than girls
- c. A greater percentage of men have multiple anxiety disorders than women
- d. The prevalence of generalized anxiety disorder is almost equal in men and women

2. Studies since the early 1990s have consistently shown that children with ADHD and anxiety should not be treated with stimulant medication because response is lessened by the anxiety and side effects such as tics are likely.

- a. True
- b. False

3. The use of SSRIs for anxiety in children and adolescents with ADHD:

- a. Has no evidence of a better risk-benefit ratio than the use of SSRIs for depression
- b. Is safe in combination with stimulants and nonstimulants
- c. Should be considered for possible drug interactions in a nonstimulant combination
- d. Should be avoided

4. The Multimodal Treatment Study of Children With Attention-Deficit/Hyperactivity Disorder (MTA) found that behavioral intervention alone produced the most robust improvement in which subset of patients with ADHD?

- a. Adult ADHD patients with comorbid obsessive-compulsive disorder
- b. Children with ADHD and comorbid conduct disorder
- c. Children with ADHD and comorbid anxiety disorders who do not have comorbid conduct disorder
- d. Adolescent girls with ADHD and somatization disorders

5. Which of the following statements about evaluating patients with ADHD is true?

- a. Clinicians can avoid missing anxiety disorders in children by interviewing child patients personally
- b. The Hamilton Rating Scale for Anxiety should be used to evaluate for anxiety feeling states in patients with ADHD
- c. Children with comorbid anxiety disorders benefit from psychosocial therapy more than adults do
- d. Parental interviews are the best way to diagnose comorbid anxiety in children with ADHD



POSTTEST

Circle the one correct answer for each question.

1. a b c d 4. a b c d
 2. a b 5. a b c d
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- Hospital Private Practice Resident Intern

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Keep a copy for your files

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- Was the educational content relevant to the stated educational objectives? Yes No
- Did this activity provide information that is useful in your clinical practice? Yes No
- Was the format of this activity appropriate for the content being presented? Yes No
- Did the method of presentation hold your interest and make the material easy to understand? Yes No
- Achievement of educational objective:
 - Make an accurate diagnosis of ADHD with comorbid anxiety in children, adolescents, and adults who present with a constellation of symptoms including inattention, anxiety, hyperactivity, and impulsivity, and select the most appropriate treatment(s). Yes No
- Did this CME activity provide a balanced, scientifically rigorous presentation of therapeutic options related to the topic, without commercial bias? Yes No
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