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Answer to Pretest: 1. a

ACADEMIC HIGHLIGHTS

pp. 367–380

1. According to Jain, patients with bipolar disorder are at a high risk for:

- a. Suicide
- b. Lost work days
- c. Marital discord
- d. All of the above

2. Manning stated that mixed states:

- a. Have been best defined by the DSM-IV-TR
- b. Pose less risk for suicide than pure manic states
- c. Are easily distinguished from other psychiatric illnesses
- d. May be exacerbated by inappropriate medication

3. Garlow characterized the treatment goal for an acute bipolar mood episode as 2-fold: first, the patient's symptoms must be rapidly relieved, and, second, the clinician should successfully transition the patient into maintenance therapy.

- a. True
- b. False

4. Jackson explained that *concordance* is:

- a. Synonymous with *adherence*
- b. The degree to which the patient and clinician view the illness and its treatment in the same way
- c. The model of the therapeutic alliance in which the clinician is paternalistic
- d. None of the above

5. Gardner stated that, if maintenance therapy is effective, all of the following should occur *except*:

- a. Subsyndromal symptoms will be reduced
- b. Functioning and quality of life will be improved
- c. Treatment can be discontinued
- d. Relapse will be prevented



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- Hospital Private Practice Resident Intern

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