

Supplementary Material

Article Title: Depression and Multimorbidity: A Cross-Sectional Study of 1,751,841 Patients in Primary

Care

Author(s): Daniel J. Smith, MD; Helen Court, PhD; Gary McLean, PhD; Daniel Martin, MBChB; Julie

Langan Martin, MBChB; Bruce Guthrie, PhD; Jane Gunn, PhD; and Stewart W. Mercer, PhD

DOI Number: 10.4088/JCP.14m09147

List of Supplementary Material for the article

1. <u>eTable 1</u> Definitions of 32 physical health conditions assessed

Disclaimer

This Supplementary Material has been provided by the author(s) as an enhancement to the published article. It has been approved by peer review; however, it has undergone neither editing nor formatting by in-house editorial staff. The material is presented in the manner supplied by the author.

Supplementary eTable 1

Definitions of 32 physical health conditions assessed

Condition	Variable Name	Variable Definition
Coronary heart disease	CHD	Read code ever recorded
Chronic kidney disease	CKD	Read code ever recorded
Asthma (active)	Asthma	Read code ever recorded AND any prescription in last year
Atrial fibrillation	Atrial Fibrillation	Read code ever recorded
Epilepsy	Epilepsy	Read code ever recorded AND epilepsy prescription in last year
New cancer in the last 5 years	Cancer	Read code first recorded in last 5 years (Relevant Read Code recorded)
Thyrotoxicosis/Thyroid disorders (includes hypothyroidism)	Thyroid Disorders	Read code ever recorded (Relevant Read Code recorded)
Diabetes	Diabetes	Read code ever recorded
Parkinson's disease	Parkinson's disease	Read code ever recorded (Relevant Read Code recorded)
Multiple sclerosis	Multiple sclerosis	Read code ever recorded (Relevant Read Code recorded)
Stroke or transient ischaemic attack	Stroke or TIA	Read code ever recorded (Relevant Read Code recorded)
Blindness & low vision	Blindness	Read code ever recorded (Relevant Read Code recorded)
Glaucoma	Glaucoma	Read code ever recorded (Relevant Read Code recorded)
Hearing loss	Hearing Loss	Read code ever recorded (Relevant Read Code recorded)
Hypertension	Hypertension	Read code ever recorded (Relevant Read Code recorded)
Heart failure	Heart Failure	Read code ever recorded

Peripheral vascular diseases	PVD	Read code ever recorded (Relevant Read Code recorded)
Chronic sinusitis	Sinusitis	Read code ever recorded (Relevant Read
		Code recorded)
Bronchitis, emphysema & other chronic obstructive pulmonary diseases	COPD	Read code ever recorded (Relevant Read Code recorded)
Bronchiectasis	Bronchiectasis	Read code ever recorded (Relevant Read Code recorded)
Crohn's disease & ulcerative colitis	Inflammatory bowel disease	Read code ever recorded (Relevant Read Code recorded)
Diverticular disease of intestine	Diverticular disease	Read code ever recorded (Relevant Read Code recorded)
Rheumatoid arthritis, other inflammatory polyarthropathies & systematic connective tissue disorders	Inflammatory arthritis	Read code ever recorded (Relevant Read Code recorded)
Hyperplasia of prostate & prostate disorders	Prostate Disease	Read code ever recorded (Relevant Read Code recorded)
Psoriasis or eczema	Psoriasis/Eczema	Read code ever recorded (M11% & M12%) AND ≥ 4 prescription in last year (BNF 13·4, excluding hydrocortisone, & BNF 13·5)
Viral Hepatitis	Viral Hepatitis	Read code ever recorded (Relevant Read Code recorded)
Irritable bowel syndrome	Irritable bowel syndrome	Read code ever recorded (Relevant Read Code recorded) OR ≥ 4 antispasmodic prescription in last year (POM only, exclude kolanticon, alverine citrate & peppermint oil)
Cirrhosis/chronic liver disease/alcoholic liver disease	Chronic liver disease	Read code ever recorded (Relevant Read Code recorded)
Migraine	Migraine	≥ 4 anti-migraine prescriptions in last year (BNF 040704%, POM only exclude

		migraleve)
Dyspepsia	Dyspepsia	≥ 4 prescriptions in last year BNF 0103% excluding antacids AND NOT ≥4 NSAIDS OR ≥4 aspirin/clopidogrel
Constipation	Constipation	≥4 prescriptions in last year, BNF 0106%
Pain	Pain	≥4 specified analgesic prescriptions in last year (opioids/>8mg co-codamol/NSAIDS) OR ≥4 specified anti-epileptics in the absence of an epilepsy Read code in last year (gabapentin, pregabalin and carbamazepine)