

THE JOURNAL OF
CLINICAL PSYCHIATRY

VOLUME 65

2004

SUPPLEMENT 10

S U P P L E M E N T

Managing Bipolar Depression



BACKGROUND INFORMATION

To obtain credit, read the material and complete the Posttest and Registration Form on pages 36–38.

CME Objectives

After completing this educational activity, you should be able to:

- Summarize recent literature on new treatments for bipolar depression
- List risk factors for suicidal behavior in bipolar patients
- Evaluate the risks and benefits of treating subsyndromal depression in bipolar patients
- Evaluate patients with bipolar disorder for the presence of breakthrough depression
- Select appropriate treatment or combination of treatments for bipolar patients with breakthrough depression
- Describe strategies to help prevent recurrence of bipolar disorder

Statement of Need and Purpose

Since the presence of subsyndromal depressive symptoms in patients with bipolar disorder has been associated with impaired daily function, identifying and treating these symptoms early may improve outcome. This activity was designed to meet the needs of participants in CME activities provided by Physicians Postgraduate Press, Inc. who have requested information on new treatments for bipolar depression. There are no prerequisites for participating in this activity.

Accreditation Statement

Physicians Postgraduate Press, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

Physicians Postgraduate Press, Inc. designates this educational activity for up to 3.5 Category 1 credits toward the AMA Physician's Recognition Award. Each participant should claim only those credits that he/she actually spent in the educational activity.

Date of Original Release/Review

This Supplement was published in June 2004 and is eligible for CME credit through June 30, 2006.
The latest review of this material was May 2004.

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Faculty Disclosure appears on the inside back cover.

Disclosure of Off-Label Usage

In this Supplement, faculty may be presenting investigational information about pharmaceutical agents that is outside U.S. Food and Drug Administration–approved labeling. This information is intended solely as continuing medical education and is not intended to promote off-label use of any of these medications. Please consult the paragraph titled “Disclosure of Off-Label Usage” at the end of each article for a complete listing of off-label or investigational uses. If you have questions, contact the medical affairs department of the manufacturer for the most recent prescribing information.

REVIEW PROCESS

This activity has undergone a 3-tier review process: (1) the entire faculty discussed the content at a peer-review planning session; (2) the chair reviewed the activity for accuracy and fair balance; and (3) a member of the External CME Advisory Board reviewed the activity to determine whether the material meets the stated objectives and the posttest accurately reflects the content.

ACKNOWLEDGMENT

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