



## Publisher's Note

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### BRAINSTORMS—5 Years and Counting

With this July issue of *The Journal of Clinical Psychiatry*, we are celebrating 60 consecutive offerings of BRAINSTORMS. Under the expert direction of Stephen M. Stahl, M.D., Ph.D., and the accomplished efforts of our staff, this feature has become a popular and important part of the *Journal*.

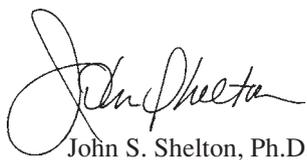
When we first discussed this undertaking with Dr. Stahl, we felt assured that his skill at clarifying complex and sophisticated concepts through words and pictures would engage our readers and provide an added dimension to our pages. None could have envisioned the wide variety of singular topics Dr. Stahl would tackle in this 2-page monthly feature. In these 5 years, he has explained the complex nature of neurons, delved into the causes and prevention of drug side effects, and helped clinicians (psychiatrists and primary care physicians alike) to expand their role in patient treatment. The success of this project has greatly exceeded our fondest hopes.

We recently asked Dr. Stahl what he feels BRAINSTORMS has achieved during its first 5 years. He cited 3 main accomplishments: first, its ability to focus the reader's attention on a particular topic; second, its simplicity; and third, its impact on the clinician's understanding of pharmacology.

Last month in ceremonies at the 23rd Congress of the International College of Neuropsychopharmacology (CINP), Dr. Stahl received the Lundbeck International Neuroscience Foundation 2002 Prize for Education in Psychiatry and Neurology. The Foundation cited his development of "teaching materials that present the essential concept of psychopharmacology and psychiatry in simple visual form." We congratulate Dr. Stahl on the success of his dedicated efforts to aid conceptual learning through visualization.

For our part, BRAINSTORMS has provided a unique offering for our readers that has intrigued, challenged, and instructed them on brain function and chemistry. In addition, we have had an opportunity to collaborate with a bright, energetic thought leader who has impressed our readers by demonstrating the power of captivating cartoon-like drawings to shape the way they think about the practice of psychiatry.

We now eagerly look to future BRAINSTORMS offerings to see how Dr. Stahl will translate the newest research discoveries into this unique *Journal* feature.



John S. Shelton, Ph.D.  
Publisher



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