



THE PRIMARY CARE COMPANION FOR CNS DISORDERS

Supplementary Material

Article Title: Factors That Impact Treatment Decisions: Results From an Online Survey of Individuals With Bipolar and Unipolar Depression

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1. Supplementary Table 1. Side Effects Reported That Caused Discontinuation of a Treatment

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Supplementary Table 1. Side Effects Reported That Caused Discontinuation of a Treatment

SIDE EFFECTS THAT CAUSE DISCONTINUATION OF MEDICINE	DEPRESSION GROUP N=316	BIPOLAR GROUP N=384
Answer Options	Response Percent	Response Percent
Weight gain	43.7%	56.9%
Feeling lethargic/sleepiness	36.7%	49.7%
Blunted emotions	35.4%	31.0%
Anxiety	34.2%	43.7%
Suicidal thoughts	27.8%	38.5%
Sexual dysfunction	27.5%	33.8%
Shaking/trembling	26.6%	43.1%
Dry mouth	26.3%	22.0%
Irritability	24.4%	35.7%
Insomnia	23.7%	33.8%
Gastrointestinal issues	23.7%	26.4%
Headaches/blurred vision	21.8%	29.7%
Loss of balance/dizziness	21.8%	33.5%
Other	17.4%	21.2%
Impact on pregnancy/nursing	4.1%	5.5%