



Supplementary Material

Article Title: Longitudinal Predictive Validity of the *DSM-5* Anxious Distress Specifier for Clinical Outcomes in a Large Cohort of Patients With Major Depressive Disorder

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Supplementary eTable 1. DSM-5 anxious distress criteria and the nearest equivalent self-reported items.

DSM-5 anxious distress criteria	Nearest equivalent self-reported items	Response options of the self-reported items
Feeling keyed up or tense	IDS ^a item 7 – Feeling anxious or tense	0 I do not feel anxious or tense. 1 I feel anxious (tense) less than half the time. 2 I feel anxious (tense) more than half the time. 3 I feel extremely anxious (tense) nearly all of the time.
Feeling unusually restless	IDS ^a item 24 – Feeling restless	0 I do not feel restless. 1 I'm often fidgety, wring my hands, or need to shift how I am sitting. 2 I have impulses to move about and am quite restless. 3 At times, I am unable to stay seated and need to pace around.
Difficulty concentrating because of worry	IDS ^a item 15 – Concentration/decision making	0 There is no change in my usual capacity to concentrate or make decisions. 1 I occasionally feel indecisive or find that my attention wanders. 2 Most of the time, I struggle to focus my attention or to make decisions. 3 I cannot concentrate well enough to read or cannot make even minor decisions.
Fear that something awful might happen	BAI ^b item 5 – Fear of worst happening	0 Not at all 1 Mildly, but it did not bother me much 2 Moderately, it was not pleasant at times 3 Severely, I could barely stand it
Feeling that the individual might lose control of himself or herself	BAI ^b item 14 – Fear of losing control	0 Not at all 1 Mildly, but it did not bother me much 2 Moderately, it was not pleasant at times 3 Severely, I could barely stand it

Abbreviations: IDS = Inventory of Depressive Symptomatology, BAI = Beck Anxiety Inventory.

^a For the IDS, participants were asked to circle the response for each item that describes them best in the past seven days.

^b For the BAI, participants were asked to rate how much they had been bothered by each symptom over the past week.

Note. Symptoms for which a participant scored at least 2 (i.e. the moderate or severe response options) were considered present.

Supplementary eTable 2. Item-total correlations of the anxious distress specifier items (based on proxy items).

Persons with MDD	
<i>N</i>= 1080	
Item-total	
correlations^a	
<i>r</i>	
Items anxious distress specifier	
Feeling keyed up or tensed	0.60
Feeling unusually restless	0.30
Difficulty concentrating because of worry	0.39
Fear that something awful may happen	0.53
Feeling that the individual might lose control of himself or herself	0.53

^aAll correlations are significant at $P < .001$.