

Supplementary Material

Article Title: The Clinical Picture of Alzheimer's Disease in the Decade Before Diagnosis: Clinical and

Biomarker Trajectories

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Disclaimer

This Supplementary Material has been provided by the author(s) as an enhancement to the published article. It has been approved by peer review; however, it has undergone neither editing nor formatting by in-house editorial staff. The material is presented in the manner supplied by the author.

eAppendix 1

The SAS macro GMATCH (Division of Biostatisitics, Mayo Clinic) results for each set of markers.

| Set of variables | N° cases | N° controls | Age | Women |
|--|----------|-------------|--------------|-------|
| | | | Median (IQR) | % |
| Plasma Beta amyloids and CRP* | 101 | 201 | 77 (73-81) | 65.2 |
| Cognitive tests and CES-D [†] | 821 | 1640 | 78 (74-82) | 63.5 |
| Brain and white matter lesion volumes [‡] | 44 | 87 | 74 (72-76) | 54.2 |

^{*}The measurements of beta amyloids and CRP were available in 101 cases and 1221 controls. 100 cases were matched with two controls and one case was matched with only one control. The number of controls for this analysis is thus 201.

[†]For cognitive tests and CES-D scale 822 cases and 8211 controls had data, one case aged of 98 years could not be matched and two cases had only one controls in the age range the analysis is thus on 821 cases and 1640 controls.

[†]Brain volumes and WMH data were available in only 44 cases and 638 controls. 43 cases were matched with 2 controls and one case was matched with only one control. The number of controls for this analysis is thus of 87.

Abbreviations.

CES-D: Center for Epidemiological Studies-Depression Scale

CRP: C-reactive protein

eAppendix 2

Characteristics of cases and controls at inclusion

| | Cases | | Controls | | |
|-----------------------------------|--------|-----------|----------|-----------|----------|
| | N=8 | 21 | N=1640 | | Chi2 |
| Categorical variables | n | % | n | % | P value |
| Gender (male) | 300 | 36.5 | 598 | 36.5 | 0.97* |
| Education ≤ 5 years, n=2452 | 337 | 41.3 | 437 | 26.7 | <0.0001 |
| CES-D ≥16, n=2392 | 248 | 31.4 | 380 | 23.5 | <0.0001 |
| APOE4, n=2407 | 227 | 30.7 | 265 | 17.7 | <0.0001 |
| Continuous variables | | | | | Wilcoxon |
| | Median | IQR | Median | IQR | test |
| Age (years) | 78 | 74-82 | 78 | 74-82 | 0.95* |
| Isaac's test score, n=2426 | 39 | 32-45 | 45 | 39-52 | <0.0001 |
| Benton test score, n=2384 | 10 | 8-12 | 11 | 10-13 | <0.0001 |
| Aβn-40 (pg/ml), n=300 | 249 | 215-289 | 243 | 218-276 | 0.38 |
| Aβn-42 (pg/ml), n=288 | 26 | 21-30 | 27 | 22-33 | 0.17 |
| CRP (mg/l), n=300 | 2.01 | 1.11-4.14 | 2.13 | 1.21-4.86 | 0.32 |
| Hippocampal volume/ICV (%), n=127 | 0.44 | 0.37-0.51 | 0.49 | 0.44-0.53 | 0.008 |
| White matter lesions (ml), n=130 | 3.00 | 0.60-8.40 | 0.90 | 0.30-4.00 | 0.01 |

^{*} matched on gender, age and center

Of the 830 cases, 165 were prevalent at baseline. The mean, median and range of time to diagnosis for the remaining 665 incident cases were 4.68 years, 5.21 years and 0.76 to 9.07 years respectively. The time of diagnostic is defined as the mid-point between diagnosis and the prior examination.

<u>Abbreviations.</u> Aβn40: truncated amyloid-beta 40, Aβn42: truncated amyloid-beta 42 APOE4: apolipoprotein E4, CES-D: Center for Epidemiological Studies-Depression Scale CRP: C-reactive protein, ICV: intracranial volume