

Supplementary Material

Article Title: Effects of Co-Occurring Depression on Treatment for Anxiety Disorders: Analysis of

Outcomes From a Large Primary Care Effectiveness Trial

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Supplementary eTable 1.

Characteristics of Treatment Received by Depressed and Non-Depressed Patients Assigned to CALM

	MDD (n = 312)	No MDD (n = 170)	p value
Modalities Received			
CBT Only	108 (34.6%)	58 (34.1%)	.100, ns
MM Only	34 (10.9%)	9 (5.3%)	
CBT + MM	170 (54.5%)	103 (60.6%)	
In-person visits with ACS	8.69 (4.70)	9.28 (4.32)	.178, ns
Phone visits with ACS	4.33 (4.45)	4.04 (3.50)	.419, ns
CBT visits with ACS	6.69 (4.20)	7.64 (3.83)	.013*
MM visits with ACS	2.64 (4.12)	1.49 (2.01)	.000**
Active treatment visits with ACS	9.34 (5.11)	9.12 (4.10)	.603, ns
Relapse prevention visits with ACS	3.72 (3.49)	4.18 (3.45)	.162, ns

Note. Data presented are from the 482 patients (out of 503 randomized to CALM) who had at least one intervention contact with the ACS.

CALM = Coordinated Anxiety Learning and Management; MDD = Major Depressive Disorder; CBT = Cognitive-Behavioral Therapy, MM = Medication Management, ACS = Anxiety Clinical Specialist.

^{*}Significant at p < .05; note that this does not meet this study's *a priori* threshold for statistical significance (p < .01).

^{**}Significant at p< .001.