It is illegal to post this copyrighted PDF on any website. Stimulant Treatment Trajectories Are Associated With Neural Reward Processing in Attention-Deficit/Hyperactivity Disorder

Lizanne J. S. Schweren, PhD^{a,*}; Annabeth Groenman, PhD^b; Daniel von Rhein, PhD^c; Wouter Weeda, PhD^d; Stephen F. Faraone, PhD^{e,f}; Marjolein Luman, PhD^b; Hanneke van Ewijk, PhD^b; Dirk J. Heslenfeld, PhD^b; Barbara Franke, PhD^c; Jan K. Buitelaar, MD, PhD^c; Jaap Oosterlaan, PhD^b; Pieter J. Hoekstra, MD, PhD^a; and Catharina A. Hartman, PhD^a

ABSTRACT

Objective: The past decades have seen a surge in stimulant prescriptions for the treatment of attention-deficit/hyperactivity disorder (ADHD). Stimulants acutely alleviate symptoms and cognitive deficits associated with ADHD by modulating striatal dopamine neurotransmission and induce therapeutic changes in brain activation patterns. Long-term functional changes after treatment are unknown, as long-term studies are scarce and have focused on brain structure. In this observational study (2009–2012), we investigated associations between lifetime stimulant treatment history and neural activity during reward processing.

Methods: Participants fulfilling *DSM-5* criteria for ADHD (N = 269) were classified according to stimulant treatment trajectory. Of those, 124 performed a monetary incentive delay task during magnetic resonance imaging, all in their nonmedicated state ($n_{EARLY&INTENSE}$ = 51; $n_{LATE&MODERATE}$ = 49; $n_{EARLY&MODERATE}$ = 9; n_{NAIVE} = 15; mean age = 17.4 years; range, 10–26 years). Whole-brain analyses were performed with additional focus on the striatum, concentrating on the 2 largest treatment groups.

Results: Compared to the late-and-moderate treatment group, the early-and-intense treatment group showed more activation in the supplementary motor area and dorsal anterior cingulate cortex (SMA/dACC) during reward outcome (cluster size = 8,696 mm³; $P_{CLUSTER} < .001$). SMA/dACC activation of the control group fell in between the 2 treatment groups. Treatment history was not associated with striatal activation during reward processing.

Conclusions: Our findings are compatible with previous reports of acute increases of SMA/dACC activity in individuals with ADHD after stimulant administration. Higher SMA/dACC activity may indicate that patients with a history of intensive stimulant treatment, but currently off medication, recruit brain regions for cognitive control and/or decision-making upon being rewarded. No striatal or structural changes were found.

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^aDepartment of Psychiatry, University Medical Center Groningen, Groningen, The Netherlands

^bDepartment of Clinical, Neuro, and Developmental Psychology, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands

^cDonders Institute for Brain, Cognition and Behaviour, Department of Cognitive Neuroscience, Radboud University Medical Center, Nijmegen, The Netherlands ^dDepartment of Psychology, Leiden University, Leiden, The Netherlands

^eDepartments of Psychiatry and of Neuroscience and Physiology, SUNY Upstate Medical University, Syracuse, New York

^fK. G. Jebsen Centre for Research on Neuropsychiatric Disorders, Department of Biomedicine, University of Bergen, Bergen, Norway

*Corresponding author: Lizanne J. S. Schweren, PhD, UMCG/Accare Kinder en Jeugdpsychiatrie, 9700VB Groningen, The Netherlands (l.j.s.schweren@umcg.nl).

S timulant treatment is the medical intervention of first choice for children and adolescents with attention-deficit/hyperactivity disorder (ADHD). The past decades have seen a surge in stimulant prescription rates.¹ Alleviation of symptoms and cognitive deficits associated with ADHD appears—in general—not to last after medication is discontinued, and there is little evidence of long-term improved functioning.²⁻⁴ The absence of conclusive evidence regarding potential long-term effects of stimulant treatment, either positive or negative, has unsettled parents, patients, and society at large.

Studies of long-term stimulant treatment effects on brain structure have yielded mixed results. Two metaanalyses found that striatal volume was more reduced in patients compared to controls when the ADHD sample included more treatment-naive patients,^{5,6} suggesting that striatal volume reduction observed in ADHD is driven by untreated rather than stimulant-treated patients. However, a large-scale longitudinal study, which employed the optimal design for the study of long-term treatment effects, did not find such treatment effects,⁷ nor did previous analyses in our own sample.^{8,9}

The literature on long-term treatment effects in the human brain has, with few exceptions, focused on brain structure, while studies of acute stimulant effects focused on brain activation patterns. A single dose of methylphenidate has repeatedly been found to alter brain activation patterns in ADHD patients; casecontrol differences in blood oxygen level-dependent (BOLD) response to cognitive/motivational tasks became smaller or disappeared when patients were on stimulant medication.¹⁰ Little is known about whether acute functional changes translate into long-term functional changes as well. Adults with a history of untreated childhood ADHD showed blunted ventralstriatal activation compared to controls when exposed to emotional pictures, whereas adults with a history of ADHD who had received stimulant treatment during childhood did not.¹¹ During reward processing, the same group of treatment-naive adults showed lower insula activation compared to controls and childhood stimulanttreated adults.¹² These findings may suggest enduring functional therapeutic changes. In a meta-analysis of attention tasks, striatal activity was particularly reduced



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children, adolescents, and young adults participated in <u>It is illegal to post this copyr</u>

- Stimulant treatment is regarded a safe and effective treatment for ADHD symptoms, yet the long-term effects on brain activation patterns in children and adolescents are largely unknown.
- Early and intense stimulant treatment may result in increased activation of cognitive control areas during rewarding situations, even if patients are nonmedicated at that time.

in studies including mostly stimulant-naive patients.¹³ Radioligand studies, however, have reported exacerbated rather than attenuated deficits in striatal dopamine neurotransmission after long-term stimulant treatment in adults with ADHD.^{14,15} To summarize, stimulant treatment may be associated with persistent changes in brain activation patterns and/or dopamine metabolism, but the evidence is very limited and it remains unclear to what extent such changes may be therapeutic or disadvantageous.

The striatum is of particular interest when studying stimulant treatment effects in ADHD. Reduced striatal volumes,^{5,6} lower striatal activity during reward anticipation, and higher striatal activity during outcome of reward¹⁶⁻¹⁸ have repeatedly been found in ADHD. Moreover, the striatum is rich in dopamine transporters, an important molecular target of stimulant treatment. Hence, long-term stimulant treatment effects may be expected to occur in the striatum. However, acute stimulant-induced changes in activation patterns have also been reported in supplementary motor areas (SMA), frontal cortex, anterior and posterior cingulate cortex, and precuneus cortex.^{19–21}

We investigated associations between lifetime stimulant treatment history and neural activity during reward processing, using magnetic resonance imaging (MRI) data from a large observational study. An innovative data-driven classification method was used to identify patient subgroups with distinct treatment trajectories (eg, early-onset highdose). In our cohort, Dr Groenman found these trajectories to be clinically relevant for the development of substance use disorder (A.G., unpublished data, 2015). Moreover, treatment timing and dose have been found to moderate long-term stimulant treatment effects in the rat brain.²² In prior work, our group showed higher striatal BOLD response to reward outcome in ADHD patients compared to controls.¹⁸ In the current study, we hypothesized that patients who had received more intense treatment would show reduced striatal BOLD response (ie, more similar to controls) to reward outcome compared to those who had received less intense treatment. Second, we hypothesized that between-group differences in other brain regions, if any, would show a similar pattern.

METHODS

Participants

Participants with ADHD were selected from the familybased IMAGE-NeuroIMAGE cohort (2009-2012).²³

diagnostic interviews, questionnaires, DNA collection, and an MRI session, taking place at 2 sites. Informed consent was signed by all participants \geq 12 years old and all parents of participants < 18 years old. The study was approved by the local ethical committees of each participating site. Inclusion criteria were IQ \geq 70; age 8–30 years; no diagnosis of classical autism, learning difficulties, brain disorders, or genetic disorders; and no contraindication for MRI scanning. ADHD diagnosis (any type) was confirmed in accordance with the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV), operationalized as 6 or more symptoms on the Schedule for Affective Disorders and Schizophrenia for School-Age Children (K-SADS)²⁴ and t > 63 on the Conners parent-, teacher-, and/or self-rated ADHD scales,²⁵⁻²⁷ rated while participants were off medication. Five K-SADS symptoms were sufficient for diagnosis in participants 16 years or older, in line with DSM-5²⁸ revised criteria. The initial ADHD sample consisted of 269 participants. Functional MRI data were available for 124 patients (mean age = 17.4years; range, 10–26 years).

Control participants were required to have no scores in the subclinical or clinical range on any of the ADHD rating scales or interviews, no current or past psychiatric diagnosis or treatment, and no psychiatric diagnoses in first-degree relatives. The initial control sample consisted of 187 participants. Functional MRI data were available for 97 controls (mean age = 17.0 years; range, 10-23 years).

Stimulant Treatment

History of psychoactive treatment was assessed using pharmacy prescription records containing delivery date, substance name, dose, quantity, and frequency of use for each delivery between date of birth and date of scan. In addition, patients and parents participated in face-toface semistructured interviews to reconstruct lifetime treatment history. Self-report data were highly compatible with data derived from pharmacies (data not shown), with reliability estimates similar as those reported by Kuriyan et al.²⁹ Self-report data were used only when pharmacy data were incomplete. Stimulant intake in mg (immediateand extended-release methylphenidate preparations and dexamphetamine preparations) was reconstructed for each day between date of birth and date of scan. Daily intake in mg was averaged for every month of the participant's life. Stimulant start age, stop age, and lifetime cumulative stimulant dose were calculated from this reconstruction. A smooth generalized additive model curve was fitted to each participant's reconstruction, allowing estimation of 3 additional treatment parameters that were more sensitive to noise, that is, treatment duration (estimated stop age minus estimated start age), treatment variability (standard deviation of the fitted curve), and the lifetime maximum dose. Treatment duration and cumulative stimulant dose were adjusted for current age. The use of nonstimulant psychoactive medication (eg, risperidone, atomoxetine)

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It is illegal to convrighted Table 1. Stimulant Treatment Characteristics for Participants in Each Treatment Groupa

Eden freddinent Group			
	Early-and-Intense	Late-and-Moderate	Early-and-Moderate
Characteristic	(41.3%)	(35.7%)	(7.4%)
Start age, y	6.89 (1.29)	11.19 (2.62)	8.25 (1.48)
Stop age, y	15.65 (2.97)	16.37 (3.12)	11.37 (2.01)
Treatment duration, y ^b	9.10 (2.63)	3.99 (2.47)	2.40 (1.47)
Variability	320.76 (459.27)	110.42 (154.94)	66.43 (88.48)
Lifetime cumulative dose, mg ^b	67,480 (55,751)	38,413 (29,986)	18,437 (17,474)
Maximum daily dose, mg	47.37 (23.36)	24.45 (16.60)	17.53 (12.61)

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^aValues expressed as mean (SD).

^bClassification was based on an age-adjusted measure; the value reported here is nonadjusted and calculated based on the nonsmoothed trajectories.

was common, and hence participants with a history of

nonstimulant psychoactive medication were not excluded.

Community Detection Algorithm

The 6 stimulant treatment parameters (start age, stop age, total dose, estimated duration, estimated maximum daily dose, and estimated variability) were entered in an automated, optimization-based, weight-conserving community detection algorithm.³⁰ This algorithm, implemented in R, is intuitively interpretable and less computationally expensive as compared to, for example, finite mixture models. It categorizes participants into mutually exclusive communities (groups), segregating groups such that within-group positive/negative correlations are maximal while betweengroup correlations are minimal. The modularity statistic Q (range, 0-1) quantifies the degree to which participants may be subdivided into clearly delineated groups. The algorithm terminates when Q no longer increases from one iteration to the next. Robustness of the optimal community structure was confirmed using nonparametric bootstrap procedures (eAppendix 1).

The data-driven classification method produces more reliable results in larger samples; hence, all participants with ADHD were included in this step (N = 269). Stimulant-naive participants were a priori defined as a separate category (n = 42, 15.1%). For stimulant-treated participants, the optimal solution yielded 3 treatment groups (Q = 0.580; Table 1). The first group (n = 111, 41.3%, "early-and-intense") was characterized by early treatment onset, long duration, and a high maximum and total dose. The second group (n = 96,35.7%; "late-and-moderate") was characterized by older age at treatment onset, shorter duration, and lower maximum and total dose. The third group (n = 20, 7.4%); "early-andmoderate") was characterized by early treatment onset, medium duration, and low maximum and total dose. As few participants were classified to the early-and-moderate group or were stimulant-naive, early-and-intense versus late-andmoderate was our primary contrast of interest. As shown in Table 1, the early-and-intense and late-and-moderate groups differed in stimulant start age, treatment duration, variability, maximum dose, and total dose, but not in stop age.

Reward Task

A modified version of the monetary incentive delay task was performed in the scanner.¹⁸ Participants were asked to respond as quickly as possible to a target by pressing a button. Before this target, a cue indicated the possibility of gaining a reward after a button press within a given timewindow. Every trial ended with a feedback screen informing about the outcome of the current trial. Depending on the participants' performance, the response window for a correct response was adapted in the next trial, resulting in an expected hit-rate of 33%. The experiment lasted 12 minutes, and a total of €5 could be gained. At the end of the experiment, the awarded money was paid to the participant. Compared with the original task, our version differed on 2 main aspects: hit-rate (33% vs 66%) and reward magnitude (€0.20 vs \$5). The rationale behind these adaptations was, first, to increase the demands of the task with stronger task engagement as a result. Second, our adaptations aimed at meeting the practical constraints of our study. Considering that we limited ourselves to rewarded and neutral conditions, rewarding participants according to the original task parameters would have led to disproportionate monetary rewards (approximately €80), which was a concern for us and our ethical review board. Reaction time reward sensitivity was calculated as the mean reaction time across nonrewarded trials minus the mean reaction time across rewarded trials, with higher values indicating higher sensitivity to reward.

Functional MRI Processing and Analyses

Acquisition parameters, preprocessing steps, and firstlevel analyses were identical to those in our previous publication¹⁸ (eAppendix 2). Second-level analyses for each task condition (reward anticipation and outcome) comprised both regions of interest (ROI) and whole-brain analyses in FMRIB Software Library (FSL).³¹ First, main task effects were identified in a 1-sample t test, with scanner, age, gender, and 3 motion parameters as regressors of no interest. For the ROI analyses, average parameter estimate was extracted for each participant from the (warped) task-activated voxels within a binary mask of the striatum (caudate, putamen, and accumbens). In a linear mixed effect regression model in SPSS,³² striatal activation was predicted from treatment group (primary contrast: early-and-intense vs late-and-moderate; secondary contrasts: stimulant-naive vs early-and-intense, stimulant-naive vs late-and-moderate, stimulant-naive vs early-and-moderate, early-andmoderate vs early-and-intense, early-and-moderate vs

Schweren et al It is illegal to post this copyrighted PDF on any Main reward task effect

Table 2. Characteristics of the Early-and-Intense and Late-and-Moderate Treatment Groups

		Early-and-	Late-and-	
	ADHD	Intense	Moderate	
Characteristic	(n=124)	(n=51)	(n=49)	Statistic
Male, n (%)	83 (66.9)	46 (90.2)	26 (53.1)	$\chi^2 = 17.1^*$
Site Nijmegen, n (%)	79 (63.7)	32 (62.7)	36 (73.5)	$\chi^2 = 1.3$
Age, mean (SD)	17.4 (3.0)	17.1 (2.4)	18.1 (3.0)	F=3.2
IQ, mean (SD) ^a	99.2 (15.0)	98.6 (14.4)	100.2 (14.6)	F=0.3
Current stimulant users, n (%)	46 (42.2)	30 (58.8)	13 (26.5)	$\chi^2 = 10.6^*$
Symptoms of inattention, mean (SD)	7.2 (1.8)	7.8 (1.3)	6.6 (2.0)	F=11.5*
Symptoms of hyperactivity/	6.0 (2.4)	6.7 (2.3)	5.7 (2.2)	F = 5.4
impulsivity, mean (SD)				
ADHD type, n (%)				
Inattentive	56 (45.2)	18 (35.3)	24 (49.0)	$\chi^2 = 1.9$
Hyperactive/impulsive	17 (13.7)	6 (11.8)	9 (18.4)	$\chi^2 = 0.9$
Combined	51 (41.1)	27 (52.9)	16 (32.7)	$\chi^2 = 4.2$
Comorbidity, n (%)				
ODD-CD	30 (24.2)	17 (33.3)	8 (16.3)	$\chi^2 = 3.9$
Tic disorder	1 (0.8)	1 (2.0)	0 (0.0)	$\chi^2 = 1.0$
Anxiety/depression	3 (2.4)	1 (2.0)	1 (2.0)	χ ² <0.1
Substance use disorder ^b	24 (19.4)	8 (15.7)	14 (28.6)	$\chi^2 = 2.4$
Nonstimulant medication, n (%)				
Atomoxetine	19 (15.3)	10 (19.6)	8 (16.3)	$\chi^2 = 0.2$
Antipsychotics	23 (18.5)	16 (31.4)	5 (10.2)	$\chi^2 = 6.8$
Anxiolytics	8 (6.5)	3 (6.1)	3 (6.1)	χ ² <0.1
Antidepressants	8 (6.5)	4 (7.8)	2 (4.1)	$\chi^2 = 0.6$

^aEstimated based on the vocabulary and block design subtests of the Wechsler intelligence scales for children/adults.

^bAssessed approximately 2 years prior to participation in the current study. *P < .004.

Abbreviations: ADHD = attention-deficit/hyperactivity disorder,

ODD-CD = oppositional defiant disorder-conduct disorder.

late-and-moderate). Gender, scanner, age, and age² (to account for nonlinear developmental trajectories of reward-related striatal activation³³) were added as covariates, along with a random intercept per family to account for relatedness within the sample. Given our research question, α was adjusted for analyzing 1 primary and 5 secondary group contrasts in 2 task conditions ($\alpha = .05/6/2 = 0.004$). The same α was applied for all covariates included in the model (ie, gender, age, scanner). Normalized first-level b-maps were entered into whole-brain second-level mixed effect analyses. Treatment group was entered as a predictor along with scanner, gender, age, and 3 movement parameters ($Z_{VOXEL} > 2.3$; $\alpha_{CLUSTER} = 0.004$).

Structural magnetic resonance images were also acquired, to assess structural correlates of long-term functional changes, if any (eAppendix 3).

Follow-up and Sensitivity Analyses

For each whole-brain significant cluster, average parameter estimate was extracted per participant for follow-up analyses in SPSS. Treatment groups were data-driven and hence not matched with regard to clinical and demographic variables. Potential confounders other than age and gender (ie, IQ, socioeconomic status, ADHD symptoms, ADHD type, comorbidity, and history of nonstimulant psychoactive medication) were added to the model. Moreover, analyses were repeated within 1-to-1 age-, gender-, and ADHD symptom count-matched subsamples (n = 25 per group).

To exclude acute withdrawal/rebound effects, each significant effect was re-estimated separately for participants who were on active stimulant treatment within 2 weeks prior to scanning and those who had ceased treatment more than 2 weeks prior to scanning.

eq. PDF on any website Main reward task effects and case-control differences in the current cohort have previously been reported¹⁸ and hence are not addressed here. For reference only, the control sample mean for each outcome measure was estimated in a covariate-only model.

RESULTS

Sample Characteristics

The ADHD sample consisted of 83 males (66.9%) and 41 females (33.1%), with a mean age of 17.4 years (SD = 3.0; range, 10–26 years; Table 2). Of those, 51 participants were assigned to the earlyand-intense treatment group (46.8%), and 49, to the late-and-moderate group (45.0%). Compared to the late-and-moderate treatment group, the earlyand-intense group contained more males, and more participants on active stimulant treatment and had more attention problems. The 2 groups did not differ with regard to age, socioeconomic status, IQ, ADHD type, hyperactivity/impulsivity symptoms, comorbidity, or history of nonstimulant medication. The control sample (n = 97; mean age = 17.0 years, SD = 2.9, range 10-23 years) contained fewer males compared to the ADHD sample (44.3% vs 66.9%; P = .001). For the stimulant-naive (n = 15) and early-and-moderate (n = 9) groups, see eAppendix 4.

Reward Processing

The striatum was activated by both task conditions (Figure 1). There were no differences in striatal BOLD response between the earlyand-intense and late-and-moderate treatment groups during reward anticipation (mean_{EARLY&INTENSE} = 360.7, mean_{LATE&MODERATE} = 394.8, mean-CONTROL = 299.7, P = .784) or during reward outcome (mean_{EARLY&INTENSE} = 362.1, mean LATE&MODERATE = 677.5, mean_{CONTROL} = 414.9; P = .180).

Whole-brain analyses did not yield any clusters of significant difference between the early-andintense and the late-and-moderate groups during reward anticipation. In the reward outcome condition, the late-and-moderate group showed lower activity compared to the early-and-intense group in a cluster located in the SMA, extending into the dorsal anterior cingulate cortex (dACC) and paracingulate gyrus (Figure 2; mean_{EARLY&INTENSE} = 635.1, mean_{LATE&MODERATE} = -813.9, mean_{CONTROL} = 35.5, cluster size = 8,696 mm³, B = -1,449.0, P_{CLUS} - $_{\text{TER}}$ < .001). Gender (B = 964.6, P = .014), scanner (B = 179.0, P = .604), age (B = -285.8, P = .087),and age^2 (B = 153.8, P = .087) were not associated with activation in this cluster, nor were any of the additional covariates (eg, IQ, ADHD symptoms,

Lasting fMRI Changes After ADHD Treatment

It is illegal to post this copyrighted PDF on any website. Figure 1. Striatal Activation During Reward Anticipation (yellow-red) and During Reward Outcome (blue-light blue) Across All Participants



Figure 2. Higher Activation in the Early-and-Intense Group (compared to the late-and-moderate group) During Reward Outcome



nonstimulant treatment history, and comorbidity including substance use disorders) when added to the model while the effect of treatment history remained unchanged. Moreover, the pattern was consistently observed in past users (mean_{EARLY&INTENSE} = 374.9, mean_{LATE&MODERATE} = -687.3) and current users (mean_{EARLY&INTENSE} = 785.0, mean_{LATE&MODERATE} = -1,323.6) and within the age-, gender-, and symptom-matched subsamples (mean_{EARLY&INTENSE} = 721.5, mean_{LATE&MODERATE} = -395.5).

There was no behavioral (ie, reaction time) difference in reward sensitivity between the early-and-intense and late-and-moderate groups (mean_{EARLY&INTENSE} = 35.0 ms, mean_{LATE&MODERATE} = 29.4 ms, P = .559; for reference: mean_{CONTROL} = 25.7 ms). Moreover, reaction time reward sensitivity was not associated with striatal activity during reward anticipation (Pearson r = 0.173, P = .055) or reward outcome (Pearson r = 0.014, P = .879) or with activity within the SMA/dACC cluster (Pearson r = 0.177, P = .050).

There were no structural brain differences between the 2 groups. For findings involving the early-and-moderate and stimulant-naive groups, see eAppendix 4.

DISCUSSION

In a large sample of children, adolescents, and young adults with ADHD, we investigated whether characteristics of stimulant treatment history were associated with brain activation patterns during reward processing while off medication. Stimulant treatment history was not associated with BOLD response to reward anticipation or outcome in the striatum. In the SMA/dACC, individuals with a history of moderate treatment showed lower activity during reward outcome compared to those with a history of intense treatment. While activity in the moderately treated group was reduced compared to controls, activity in the intensely treated group was higher compared to controls. Our findings thus suggest compensatory SMA/dACC recruitment in individuals with a history of intense stimulant treatment. The effect is quite likely driven by treatment duration and dose rather than recency of treatment discontinuation, since stop age did not differ between the 2 groups.

Higher striatal BOLD response to reward outcome has consistently been reported in ADHD.^{17,18} As such changes have been shown to disappear after stimulant administration,^{16,34} we had hypothesized that participants with a history of intense treatment would show lower striatal BOLD response to reward outcome compared to those with a history of less intense treatment. We found no evidence for such an effect. Moreover, there was no association between treatment history and striatal activity during reward anticipation. Our findings may indicate that the acute changes in striatal activity in response to stimulants do not translate into lasting functional changes in this region during reward processing. This finding is consistent with Stoy et al,¹² who, in a small adult sample, also reported no changes in striatal activation during reward outcome after childhood stimulant treatment.

We found a large cluster of lower activity during reward outcome in the moderately treated subgroup compared to the intensely treated subgroup, located in the bilateral SMA and dACC, extending into the precuneus and posterior cingulate cortex. Dorsal and midcingulate regions project to the ventral striatum and are important for monitoring incentive-based behavioral responses.^{35,36} Hypoactivation has previously been reported in medication-naive ADHD patients during reward outcome.³⁷ Acute stimulant effects in the SMA/dACC during reward processing have been reported as well,¹⁶ although most fMRI studies of reward reported no acute stimulant effects in this region.^{21,34}

Lower activity in the SMA/dACC in ADHD patients has also been associated with cognitive processes other than reward processing. Higher SMA/dACC activation may represent recruitment of a cognitive process enhancing feedback-based decision-making, even when a motor response is not required,^{38,39} as was the case in the reward outcome phase of our task. ADHD patients have shown lower SMA activity when selection of a non-habitual response was required.^{13,40} Higher SMA/dACC, PCC, and precuneus activity has been reported after a single dose of stimulants during tasks requiring feedback-based modulation of motor **It is illegal to post this copy** responses,^{41–43} but acute effects in the opposite direction have also been reported.^{10,44} Enhanced cognitive decision-making upon reward in intensely treated individuals is consistent with the lower rate of substance use disorder in this group (A.G., unpublished data, 2015), although the difference in substance use disorder rate in the current (smaller) fMRI sample was not significant. To summarize, higher SMA/ dACC activity may indicate enhanced cognitive decisionmaking following reward after early and high-dose stimulant treatment. Note that this proposition is not supported in behavioral data, as our paradigm required no response following reward outcome.

Alternatively, higher SMA/dACC activity may represent increased salience network activity, enhancing attention allocation to emotional, rewarding, or surprising events.⁴⁵ Stimulant-induced improvement in cognitive performance has been shown to be mediated by enhanced salience.^{46,47} Stimulant treatment history may be associated with greater task focus. Yet, increased task focus may be expected to occur throughout the task as opposed to during the outcome phase only and may result in improved task performance, which we did not observe. Finally, higher SMA/dACC activity may entail enhanced "readiness to act" upon reward outcome, as the SMA is embedded in the task-positive motor network.⁴⁸ However, we found no association between SMA/dACC activation and reaction times.

The current study has several strengths. First, only a handful of prior studies investigated functional rather than anatomic long-term neural changes in relation to stimulant treatment in ADHD. Of those, the current sample is by far the largest. Second, the data-driven classification of

participants with ADHD based on multiple treatment characteristics is novel and clinically relevant. The current study has limitations as well. Long-term treatment effects can only be studied observationally. Although findings have been statistically adjusted for group differences, confounding by indication could not be excluded. Moreover, few participants were stimulant-naive (in accordance with high prescription rates), and data-driven classification of stimulant-treated participants yielded unbalanced groups. This allowed powerful analysis of participants in the 2 largest groups but restricted analyses of stimulant-naive participants and those with early-and-moderate treatment. Finally, no data were collected regarding behavioral treatment, which, according to guidelines, should be offered in conjunction with pharmacologic treatment; hence, pharmacologic and behavioral treatment effects cannot be distinguished in our study. The recruitment of compensatory cognitive control areas may reflect the application of cognitive strategies learned during behavioral treatment.

We conclude that ADHD patients with a history of early-onset high-dose stimulant treatment showed more SMA/dACC activation during reward outcome compared to those with a history of late-onset moderate-dose stimulant treatment. Higher SMA/dACC activity may represent a compensatory mechanism of enhanced higher-level processing of reward information in the intensely treated group. Stimulant treatment history was not associated with striatal BOLD response to reward processing. Understanding long-term risk and benefits of stimulant treatment could be further enhanced by evaluating functional rather than neuroanatomical brain changes in future studies.

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Supplementary material follows this article.



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Supplementary Material

- Article Title: Stimulant Treatment Trajectories Are Associated With Neural Reward Processing in Attention-Deficit/Hyperactivity Disorder
- Author(s): Lizanne J. S. Schweren, PhD; Annabeth Groenman, PhD; Daniel von Rhein, PhD; Wouter Weeda, PhD; Stephen F. Faraone, PhD; Marjolein Luman, PhD; Hanneke van Ewijk, PhD; Dirk J. Heslenfeld, PhD; Barbara Franke, PhD; Jan K. Buitelaar, MD, PhD; Jaap Oosterlaan, PhD; Pieter J. Hoekstra, MD, PhD; and Catharina A. Hartman, PhD
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List of Supplementary Material for the article

- 1. <u>eAppendix 1</u> Robustness of the Community Detection Algorithm
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- 4. <u>eAppendix 4</u> Secondary Contrasts

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Supplementary Material

Belonging to: *"Stimulant treatment trajectories are associated with neural reward processing in attentiondeficit/hyperactivity disorder"* by Schweren et al.

eAppendix 1. Robustness of the community detection algorithm

The community detection algorithm was rerun one thousand times, while randomly selecting 227 times one participant with replacement for each run (bootstrapping). Participants could be duplicated within a bootstrapped sample. The algorithm produced a three-class solution in 793 runs (79.3%), with an average modularity Q of 0.58 (SD=0.02; confidence interval=0.579-0.582). When a three-class solution was found, the largest class contained on average 46.0% of participants (SD=3.5%; confidence interval=45.7% - 46.3%), while the second largest class contained on average 40.9% of participants (SD=3.0%; confidence interval=40.7% - 41.1%) and the smallest class contained on average 13.2% of participants (SD=5.4%; confidence interval=12.8% - 13.5%). Thus, the average distribution of classes across 1000 runs strongly resembled the solution reported in the paper. Moreover, the 95% confidence intervals are narrow and standard deviations are low, indicating that the percentage of participants per class tend to be stable across runs. As expected, the percentage of participants in the smallest class is most susceptible to random variations (SD=5.4%).

The algorithm produced a four-class solution in 133 runs (13.1%). The four classes contained on average 43.0% (SD=3.4), 38.7% (SD=3.3), 11.6% (SD=3.7) and 6.6% (SD=3.2) of participants, respectively. In 76 runs, the algorithm produced a two-class solution (7.6%), with classes containing on average 54.1% (SD=2.9) and 45.9% (SD=2.9) of participants, respectively. Thus, the three-class solution reported in the paper resembles the distribution of participants across the three largest classes of the four-class solution, as well as the distribution of participants in the two-class solution. This underlines the stability of the three-class model.

eAppendix 2. Functional MRI - acquisition and preprocessing

MRI data was acquired on two Siemens 1.5 Tesla scanners (Erlangen, Germany) with matched head coils and acquisition parameters. Participants were randomly assigned a combination of three or four functional acquisitions (a diffusion weighted scan, resting-state scan, reward task, working memory task, and/or response inhibition task). Reward task functional MRI data was thus available for a random subset of participants (n_{ADHD} =124, n_{HC} =97). Whole brain functional imaging was performed using a gradient-echo echo-planar scanning (EPI) sequence (37 axial slices, TR=2340ms, TE=40ms, voxel size=3.5x3.5x3.0mm, inter-slice gap=0.5mm, FOV=224mm, FA=90°). Participants with more than three head movements of \geq 4mm during the task were excluded.

Functional MRI preprocessing steps included spatial realigning, nuisance regression, spatial smoothing at FWHM=6mm. First-level statistical parametric maps (b-maps) were estimated for each participant, including 6 regressors of interest (onset times of non-rewarded and rewarded cues, hits, and misses), and 6 regressors of no interest (onset times of non-rewarded and rewarded cues, hits, and outcomes followed by incorrect responses, and a motion regressor identifying and excluding events affected by excessive movement). Participants with less than five occurrences of one or more event types (rewarded hits, rewarded misses, non-rewarded hits, or non-rewarded misses) were excluded. All regressors and their temporal derivatives were convolved with a canonical hemodynamic response function. For reward anticipation, response maps for rewarded cues were contrasted with response maps for non-rewarded cues. Activation during reward outcome was assessed by the interaction of accuracy (hits versus misses) and reward (rewarded versus non-rewarded trials). First-level b-maps were registered using non-linear transforms to a study-specific template.

eAppendix 3. Structural MRI – acquisition, processing, and analyses

The MRI session included at least one T1-weighted structural acquisition (3D MP-RAGE; 176 sagittal slices, TR=2730ms, TE=2.95ms, voxel size=1x1x1mm, FOV=256mm, FA=7°, parallel imaging by generalized auto-calibrating partially parallel acquisition [GRAPPA]). For each participant, the structural acquisition of highest quality was selected by visual inspection, accepting only scans with no or minimal distortions. Structural MRI analyses were performed in the initial samples (n_{ADHD} =269; n_{HC} =187), to increase power.

Total striatal volume (sum of left and right putamen, caudate, and accumbens) was calculated using FSL FIRST with default settings (Patenaude, Smith, Kennedy, & Jenkinson, 2011). ROI analyses were performed in SPSS, predicting striatal volume from treatment group, with covariates gender, scanner, age, age², total brain volume (TBV, calculated with the VBM8 toolbox in SPM; Ashburner & Friston, 2005), and a random intercept per family. Whole-brain structural analyses included volumetric analyses of additional subcortical structures (globus pallidus, amygdala, hippocampus, and thalamus; sum of left and right hemisphere; α =0.008/4=0.002) and vertex-wise analysis of cortical thickness and surface area. Freesurfer with default settings was used to reconstruct the cortical surface of each participant (Dale, Fischl, & Sereno, 1999; Fischl & Dale, 2000; Fischl, Sereno, & Dale, 1999).

Statistical maps were computed for the 'early-and-intense' vs. 'late-and-moderate' contrast and the five secondary contrasts, with age, gender, and scanner as covariates, and age² as an additional per-vertex-regressor. Normalized statistical maps were thresholded per vertex (Z > 2.3). Cluster-level thresholding was based on Monte Carlo simulation testing, with $\alpha_{CLUSTER}$ adjusted for testing six contrasts and two hemispheres ($\alpha=0.004$). For each significant cluster, a random intercept per family was added to the model in SPSS.

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eAppendix 4. Secondary contrasts

eTable1. Sample characteristics and significant confounders in the five secondary contrasts.

	L&M N=49	E&I N=51	E&M N=9	NAIVE N=15	E&M vs. L&M	E&M vs. E&I	E&M vs.	NAÏVE vs.	NAÏVE vs.E&I
Male <i>N</i> (%)	26 (53.1)	46 (90.2)	4 (44.4)	7 (46.7)		**			**
Nijmegen N(%)	36 (73.5)	32 (62.7)	6 (66.7)	5 (33.3)				**	
Age in years $M(SD)$	18.1 (3.0)	17.1 (2.4)	14.9 (2.5)	17.5 (4.0)	**				
Estimated IQ M(SD) ^a	100.2 (14.6)	98.6 (14.4)	101.11 (15.8)	97.3 (18.8)					
SES M(SD)	11.4 (2.2)	11.6 (2.1)	10.6 (1.7)	12.1 (2.5)					
Current stimulant users N(%)	13 (26.5)	30 (58.8)	3 (33.3)	0 (0.0)					
Inattention sympt. M(SD)	6.6 (2.0)	7.8 (1.3)	7.8 (0.8)	6.7 (2.1)					
Hyperactive/impulsive sympt. M(SD)	5.7 (2.2)	6.7 (2.3)	5.4 (2.0)	4.5 (3.0)					**
ADHD type									
Inattentive <i>N</i> (%)	24 (49.0)	18 (35.3)	6 (66.7)	8 (53.3)					
Hyperactive/impulsive N(%)	9 (18.4)	6 (11.8)	0 (0.0)	2 (13.3)					
Combined N(%)	16 (32.7)	27 (52.9)	3 (33.3)	5 (33.3)					
Comorbidity									
ODD-CD N(%)	8 (16.3)	17 (33.3)	2 (22.2)	3 (20.0)					
Tic disorder <i>N</i> (%)	0 (0.0)	1 (2.0)	0 (0.0)	0 (0.0)					
Anxiety/depression N(%)	1 (2.0)	1 (2.0)	1 (11.1)	0 (0.0)					
Substance use disorder $N(\%)^{b}$	14 (28.6)	8 (15.7)	1 (11.1)	1 (6.7)					
Non-stimulant treatment									
Atomoxetine N(%)	8 (16.3)	10 (19.6)	1 (11.1)	0 (0.0)					
Atypical antipsychotics N(%)	5 (10.2)	16 (31.4)	2 (22.2)	0 (0.0)					
Anxiolytics N(%)	3 (6.1)	3 (6.1)	1 (11.1)	1 (8.3)					
Antidepressants N(%)	2 (4.1)	4 (7.8)	0 (0.0)	1 (8.3)					

L&M, late & moderate; E&I, early & intense; E&M, early and moderate; ODD-CD, oppositional defiant disorder-conduct disorder; SES, socio-economic status; ^a estimated based on the 'vocabulary' and 'block design' subtests of the Wechsler intelligence scales for children/adults. ^b assessed approximately two years prior to participation in the current study. ** significant (α <0.008).

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	RT-RS in ms.		BOLDANTICIPATION		BOLD _{OUTCOME}		Volume (in mL)	
	М		М		М		М	
NAÏVE	35.5		540.7		671.8		19.8	
L&M	29.4		394.8		362.1		20.1	
E&M	45.1		180.2		1035.7		20.1	
E&I	35.0		360.7		677.5		20.3	
	В	р	В	р	В	р	В	р
NAIVE vs. L&M	6.1	0.647	145.8	0.403	309.7	0.345	-0.3	0.253
NAIVE vs. E&M	-9.6	0.606	360.4	0.140	-363.8	0.427	-0.3	0.511
NAIVE vs. E&I	0.5	0.970	180.0	0.332	-5.7	0.987	-0.5	0.098
E&M vs. L&M	15.6	0.331	-214.6	0.310	673.6	0.091	-0.1	0.893
E&M vs. E&I	10.1	0.535	-180.4	0.398	358.1	0.372	-0.2	0.567

eTable2. Mean reaction time reward sensitivity and striatal region-of-interest results for each secondary contrast.

RT-RS, reaction time reward sensitivity; L&M, late & moderate; E&M, early & moderate; E&I, early & intense; M, estimated marginal means in a model with covariates gender, scanner, age, and age² (and total brain volume for volumetric analyses).

eFigure1. Whole-brain functional and structural MRI results for secondary contrasts.



Left panel: significant between-group differences in BOLD-response during reward anticipation. I: 'early and moderate' < stimulant naïve in red, 'early and moderate' < 'late and moderate' in yellow, 'early and moderate' < 'early and intense' in green. II: 'early and moderate' < stimulant naïve in purple, 'late and moderate' < stimulant naïve in blue. Right panel (III): cluster of decreased cortical surface area in the 'early and moderate' compared to the 'early and intense' treatment group. Follow-up analyses showed that surface area in this cluster was also associated with gender (data not shown).

Condition / measure	Brain region		M_{NAIVE}	$M_{L\&M}$	$M_{E\&M}$	$M_{E\&I}$	Sign. contrast	В	Cluster size	PCLUSTER
BOLD ANTICIPATION	ACC ^a	В	172.3	65.3	-1510.0	-214.6	E&M < L&M	-1575.3	6408 mm ³	0.00399
	ACC ^a	В	123.6	-244.0	-1452.7	-101.1	E&M < E&I	-1351.6	7696 mm ³	0.00157
	ACC, OFC ^a	В	322.7	-158.2	-1196.9	-224.7	E&M < Naïve	-1519.6	9032 mm ³	0.00074
	Precuneus	В	255.6	-366.1	-1294.2	-102.0	E&M < Naïve	-1549.8	16400 mm ³	0.00001
	Sup. parietal	L	54.2	-1094.1	-1061.3	-593.8	L&M < Naïve	-1148.3	7128 mm ³	0.00007
BOLD OUTCOME	none		N/A	N/A	N/A	N/A	none	N/A	N/A	N/A
Cortical thickness	none		N/A	N/A	N/A	N/A	none	N/A	N/A	N/A
Surface area	Inf. temp.	L	1300.9	1385.8	1171.0	1395.4	E&M < E&I	-224.4	995 mm ²	0.00340
Volume	Hippocampus	В	7.9	7.8	7.6	7.9	none	N/A	N/A	N/A
	Amygdala	В	2.7	2.6	2.7	2.7	none	N/A	N/A	N/A
	Thalamus	В	16.7	16.7	16.5	17.0	none	N/A	N/A	N/A
	Gl. Pallidus	в	3.7	3.7	3.8	3.8	none	N/A	N/A	N/A

eTable3. Whole-brain functional and structural MRI results for each secondary contrast

L&M, late & moderate; E&M, early & moderate; E&I, early & intense; OFC, orbitofrontal cortex; L, left hemisphere; R, right hemisphere; B, bilateral; M, estimated marginal means in a model with covariates gender, scanner, age, age² (and total brain volume for volumetric analyses). ^a clusters partially overlap