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## **Supplementary Material**

**Article Title:** Naltrexone Reduces Alcohol Drinking in Young Adults: A Double-Blind, Randomized Clinical Trial of Efficacy and Safety

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### **List of Supplementary Material for the article**

1. [eTable 1](#) Consequences Endorsed at Either Week 4 or Week 8 by Condition

### **Disclaimer**

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Supplementary eTable 1. Consequences Endorsed at Either Week 4 or Week 8 by Condition

Item	Naltrexone	Placebo
	Endorsed	Endorsed
	(n, %)	(n, %)
Had a hangover	36 (68%)	49 (79%)
Said or done embarrassing things	32 (60%)	47 (76%)
Less energy/felt tired because of drinking	20 (38%)	36 (58%)
Ended up drinking on nights when I had planned not to	25 (47%)	27 (44%)
Felt very sick or thrown up after drinking	22 (42%)	29 (47%)
Taken foolish risks	21 (40%)	28 (45%)
Difficult to limit how much I drink	14 (26%)	27 (44%)
Felt badly about myself	16 (30%)	27 (44%)
Passed out from drinking	12 (23%)	24 (39%)
Done impulsive things I've regretted	16 (30%)	22 (36%)
Not able to remember large stretches of time while drinking	9 (17%)	22 (36%)
Schoolwork quality has suffered	10 (19%)	19 (31%)
Needed larger amounts of alcohol to feel effects	18 (34%)	16 (26%)
Spent too much time drinking	17 (32%)	19 (31%)
Overweight because of drinking	15 (28%)	14 (23%)
Driven when knew I had too much to drink	12 (23%)	17 (27%)
Become rude, obnoxious or insulting after drinking	11 (21%)	18 (29%)
Not gone to work or missed classes	7 (13%)	13 (21%)
Neglected obligations to work, family, or school	3 (6%)	10 (16%)
Drinking has gotten me into sexual situations I have regretted	7 (13%)	8 (13%)

Drinking has created problems between myself and partner	7 (13%)	7 (11%)
Woken up in an unexpected place after heavy drinking	5 (9%)	8 (13%)
Physical appearance has been harmed by my drinking	5 (9%)	6 (10%)
Felt like I needed a drink after getting up	1 (2%)	1 (2%)

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Note: At Week 4 and Week 8, participants indicated on the Brief Young Adult Alcohol Consequences Questionnaire (YAACQ) whether they had experienced any consequences in the past month. The scale yields a single total score. Individual items are presented for descriptive purposes. Naltrexone n = 53; placebo n = 62.