



Supplementary Material

Article Title: Treatment Preferences of Psychotherapy Patients With Chronic PTSD

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List of Supplementary Material for the article

1. [eTable 1](#) Baseline Characteristics

Disclaimer

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Supplementary eTable 1. Baseline Characteristics. Proportion of subjects with a specific attitude to a psychotherapy (PE, IPT, or RT) among those with a given demographic or clinical characteristics or baseline value of the outcome (row percentages). Summaries are in **bold** when the test for differences between the three attitudes towards a given psychotherapy is significant at level $\alpha=0.05$; in ***bold and italic*** when the test is significant at level $\alpha=0.01$.

Characteristics	Attitude to PE			Attitude to IPT			Attitude to RT		
	Dis-inclined n=29	No opinion n=52	Prefer n=29	Dis-inclined n=3 [†]	No opinion n=51	Prefer n=56	Dis-inclined n=18	No opinion n=63	Prefer n=29
Demographics									
Age: M[*]= 38.8 <Median : n (%) >=Median :n (%)	20 (37.8%)+ 9 (15.8%)	21 (39.6%) 31 (54.4%)	12 (22.6%) 17 (29.8%)	1 (1.9%) 2 (3.5%)	22 (41.5%) 29 (50.9%)	30 (56.6%) 26 (45.6%)	5 (9.4%) 13 (22.8%)	34 (64.2%) 29 (50.9%)	14 (26.4%) 15 (26.3%)
Years of Education : M=16 <Median : n (%) >=Median :n (%)	11 (28.9%) 18 (25%)	16 (42.1%) 36 (50%)	11 (28.9%) 18 (25%)	1 (2.6%) 2 (2.8%)	18 (47.4%) 33 (45.8%)	19 (50%) 37 (51.4%)	5 (13.2%) 13 (18.1%)	17 (44.7%) 46 (63.9%)	16 (42.1%)+ 13 (18.1%)
Gender: n (%) Female Male	25(32.5%)+ 4 (12.1%)	28(36.4%)+ 24 (72.7%)	24(31.2%) 5 (15.1%)	3 (3.9%) 0 (0%)	31 (40.3%) 20 (60.6%)	43 (55.8%) 13 (39.4%)	14 (18.2%) 4 (12.1%)	41 (53.2%) 22 (66.7%)	22 (28.6%) 7 (21.2%)
Race: n (%) White African-American Asian/Pacific Island Other	18 (25%) 3 (33.3%) 6 (31.6%) 2 (20%)	35 (48.6%) 3 (33.3%) 11 (57.9%) 3 (30%)	19 (26.4%) 3 (33.4%) 2 (10.5%) 5 (50%)	3 (4.0%) 0 (0%) 0 (0%) 0 (0%)	32 (44.4%) 4 (44.4%) 9 (47.4%) 6 (60%)	37 (51.6%) 5 (55.6%) 10 (52.6%) 4 (40%)	13 (18.1%) 2 (22.2%) 3 (15.8%) 0 (0%)	39 (54.2%) 5 (55.6%) 12 (63.2%) 7 (70%)	20 (27.8%) 2 (22.2%) 4 (21%) 3 (30%)
Ethnicity: n (%) Hispanic Non-Hispanic	5 (16.1%) 24 (30.4%)	18 (58.1%) 34 (43%)	8 (25.8%) 21 (26.6%)	0 (0%) 3 (3.8%)	16 (51.6%) 35 (44.3%)	15 (48.4%) 41 (51.9%)	2 (6.5%) 16 (20.2%)	23 (74.2%) 40 (50.6%)	6 (19.3%) 23 (29.2%)
Marital Status: n (%) Single Married/cohabitating Divorced	19 (26.1%) 3 (17.6%) 7 (35%)	32 (43.8%) 11 (64.7%) 9 (45%)	22 (30.1%) 3 (17.7%) 4 (20%)	2 (2.7%) 1 (5.9%) 0 (0%)	32 (43.8%) 10 (58.8%) 9 (45%)	39 (53.5%) 6 (35.3%) 11 (55%)	11 (15.1%) 4 (23.5%) 3 (15%)	46 (63%) 6 (35.3%) 11 (55%)	16 (21.9%) 7 (41.2%) 6 (30%)
Clinical Characteristics									
Number of traumas: M=2 <Median : n (%) >=Median :n (%)	9 (25%) 20 (27%)	18 (50%) 34 (46%)	9 (25%) 20 (27%)	0 (0%) 3 (4%)	20 (55.6%) 31 (41.9%)	16 (44.4%) 40 (54.1%)	7 (19.4%) 11 (14.9%)	20 (55.6%) 43 (58.1%)	9 (25%) 20 (27%)
Trauma: n (%) Acute Chronic	11 (23.9%) 18 (28.1%)	25 (54.4%) 27 (42.2%)	10 (21.7%) 19 (29.7%)	2 (4.3%) 1 (1.5%)	27 (58.7%)+ 24 (37.5%)	17 (37%)+ 39 (61%)	9 (19.6%) 9 (14.1%)	24 (52.2%) 39 (60.9%)	13 (28.2%) 16 (25%)
Trauma type : n (%) Interpersonal Non-Interpersonal	24(23.5%)+ 5 (62.5%)	49(48%) 3 (37.5%)	29(28.5%) 0 (0%)	3 (2.9%) 0 (0%)	46 (45.1%) 5 (62.5%)	53 (52%) 3 (37.5%)	18 (17.6%) 0 (0%)	58 (56.9%) 5 (62.5%)	26 (25.5%) 3 (37.5%)
Sexual abuse No Sexual abuse	7 (18%) 22 (31%)	16(41%) 36 (50.7%)	16(41%)+ 13 (18.3%)	0 (0%) 3 (4.2%)	19 (48.7%) 32 (45.1%)	20 (51.3%) 36 (50.7%)	7 (18%) 11 (15.5%)	24 (61.5%) 39 (54.9%)	8 (20.5%) 21 (29.6%)
Physical abuse No Physical abuse	20 (29.4%) 9 (21.4%)	31 (45.6%) 21 (50%)	17 (25%) 12 (28.6%)	3 (4.4%) 0 (0%)	27 (39.7%) 24 (57.1%)	38 (55.9%) 18 (42.9%)	13 (19.1%) 5 (11.9%)	37 (54.4%) 26 (61.9%)	18 (26.5%) 11 (26.2%)

Age at Primary Trauma: M=24.7 <Median : n (%) ≥Median :n (%)		11 (20.4%) 18 (32.7%)	23 (42.6%) 28 (50.9%)	20 (37%)+ 9 (16.4%)	0 (0%) 3 (5.4%)	25 (46.3%) 26 (47.3%)	29 (53.7%) 26 (47.3%)	9 (16.7%) 9 (16.4%)	32 (59.3%) 30 (54.5%)	13 (24%) 16 (29.1%)
Years since Primary Trauma: M=9 <Median : n (%) ≥Median :n (%)		17 (33.3%) 12 (21%)	29 (56.9%) 22 (38.6%)	5 (9.8%)+ 23 (40.4%)	2 (3.9%) 1 (1.7%)	26 (51%) 25 (43.9%)	23 (45.1%) 31 (54.4%)	5 (9.8%) 12 (21.1%)	27 (52.9%) 35 (61.4%)	19 (37.3%)+ 10 (17.5%)
Trauma Onset: n (%) Early(age≤13) Adolescent(14-20) Adult(≥21)		5 (22.7%) 4 (23.5%) 20 (29%)	10 (45.5%) 5 (29.4%) 36 (52.1%)	7 (31.8%) 8 (47.1%) 13 (18.8%)	0 (0%) 0 (0%) 3 (4.3%)	12 (54.5%) 5 (29.4%) 34 (49.3%)	10 (45.5%) 12 (70.6%) 32 (46.4%)	2 (9.1%) 4 (23.5%) 11 (15.9%)	15 (68.2%) 9 (53%) 38 (55.1%)	5 (22.7%) 4 (23.5%) 20 (29%)
Prior treatment : n (%) Psychotherapy No-Psychotherapy		21 (25.6%) 8 (29.63%)	36 (43.9%) 15 (55.56%)	25 (30.5%) 4 (14.81%)	3 (3.7%) 0 (0%)	39 (47.6%) 11 (40.7%)	40 (48.7%) 16 (59.3%)	17(20.7%)+ 1 (3.7%)	38(46.3%)+ 24 (88.9%)	27(33%)+ 2 (7.4%)
Pharmacotherapy No-Pharmacotherapy		11 (21.2%) 18 (31%)	27 (51.9%) 25 (43.1%)	14 (26.9%) 15 (25.9%)	2 (3.8%) 1 (1.7%)	28 (53.9%) 23 (39.7%)	22 (42.3%) 34 (58.6%)	9 (17.3%) 9 (15.5%)	28 (53.9%) 35 (60.3%)	15 (28.8%) 14 (24.2%)
Current MDD: n (%) No Current MDD :n (%)		13 (23.6%) 16 (29.1%)	25 (45.5%) 27 (49.1%)	17 (30.9%) 12 (21.8%)	0 (0%) 3 (5.4%)	25 (45.5%) 26 (47.3%)	30 (54.5%) 26 (47.3%)	11 (20%) 7 (12.7%)	35 (63.6%) 28 (50.9%)	9 (16.4%) 20 (36.4%)
Recurrent MDD: n (%) No Recurrent MDD: n (%)		7 (18.9%) 20 (31.3%)	16(43.2%) 34 (53.1%)	14(37.9%)+ 10 (15.6%)	0 (0%) 2 (3.1%)	20 (54.1%) 28 (43.8%)	17 (45.9%) 34 (53.1%)	6 (16.2%) 9 (14.1%)	24 (64.9%) 36 (56.2%)	7 (18.9%) 19 (29.7%)
Comorbid GAD: n (%) No Comorbid GAD: n (%)		1 (7.1%) 22 (28.6%)	9 (64.3%) 36 (46.7%)	4 (28.6%) 19 (24.7%)	2 (14.3%) 1 (1.3%)	6 (42.9%) 36 (46.8%)	6 (42.8%) 40 (51.9%)	4 (28.6%) 9 (11.7%)	8 (57.1%) 46 (59.7%)	2 (14.3%) 22 (28.6%)
Any Axis II dx: n (%) No Axis II dx: n(%)		10 (18.5%) 19 (33.9%)	26 (48.2%) 26 (46.4%)	18 (33.3%) 11 (19.7%)	2 (3.7%) 1 (1.8%)	20 (37%) 31 (55.3%)	32 (59.3%) 24 (42.9%)	10 (18.5%) 8 (14.3%)	31 (57.4%) 32 (57.1%)	13 (24.1%) 16 (28.6%)
Lifetime substance abuse: n (%) No Lifetime substance abuse:		3 (25%) 26 (26.5%)	3 (25%) 49 (50%)	6 (50%) 23 (23.5%)	1 (8.3%) 2 (2.1%)	6 (50%) 45 (45.9%)	5 (41.7%) 51 (52%)	1 (8.3%) 17 (17.3%)	5 (41.7%) 58 (59.2%)	6 (50%) 23 (23.5%)
Lifetime alcohol abuse: n (%) No lifetime alcohol abuse:		7 (31.8%) 20 (26%)	11 (50%) 36 (46.7%)	4 (18.2%) 21 (27.3%)	1 (4.5%) 2 (2.6%)	12 (54.6%) 35 (45.4%)	9 (40.9%) 40 (52%)	1 (4.6%) 13 (16.9%)	14 (63.6%) 43 (55.88%)	7 (31.8%) 21 (27.3%)
Outcome variables at baseline										
CAPS: M=68.00	<Median :n(%)	14 (28%)	19 (38%)	17 (34%)	3 (6%)	18 (36%)	29 (58%)	10 (20%)	27 (54%)	13 (26%)
	≥Median :n (%)	14 (24.6%)	33 (57.9%)	10 (17.5%)	0 (0%)	32 (56.1%)	25 (43.9%)	7 (12.3%)	35 (61.4%)	15 (26.3%)
PSS-SR: M=79.00	<Median :n(%)	11 (26.1%)	22 (52.4%)	9 (21.4%)	2 (4.8%)	17 (40.5%)	23 (54.7%)	6 (14.3%)	27 (64.3%)	9 (21.4%)
	≥Median :n (%)	11 (25.6%)	21 (48.8%)	11 (25.6%)	0 (0%)	24 (55.8%)	19 (44.2%)	6 (14%)	25 (58.1%)	12 (27.9%)
HAM-D: M=19.00	<Median :n(%)	13 (30.2%)	22 (51.2%)	8 (18.6%)	2 (4.6%)	18 (41.9%)	23 (53.5%)	6 (13.9%)	23 (53.5%)	14 (32.6%)
	≥Median :n (%)	12 (21.8%)	26 (47.3%)	17 (30.9%)	1 (1.8%)	28 (50.9%)	26 (47.3%)	10 (18.2%)	34 (61.8%)	11 (20%)
SAS: M=2.65	<Median :n(%)	15 (37.5%)	18 (45%)	7 (17.5%)	1 (2.5%)	16 (40%)	23 (57.5%)	4 (10%)	25 (62.5%)	11 (27.5%)
	≥Median :n (%)	7 (17.1%)	21(51.2%)	13(31.7%)	1 (2.4%)	24 (58.6%)	16 (39%)	7 (17.1%)	25 (61%)	9 (21.9%)
QLESQ: M=41.00	<Median :n(%)	7 (20%)	17 (48.6%)	11 (31.4%)	0 (0%)	21 (60%)	14 (40%)	6 (17.1%)	22 (62.9%)	7 (20%)
	≥Median :n (%)	15 (31.3%)	23 (47.9%)	10 (20.8%)	2 (4.2%)	21 (43.7%)	25 (52.1%)	6 (12.5%)	29 (60.4%)	13 (27.1%)
IIP: M=1.63	<Median :n(%)	12 (28.6%)	21 (50%)	9 (21.4%)	1 (2.4%)	22 (52.4%)	19 (45.2%)	4 (9.5%)	28 (66.7%)	10 (23.8%)
	≥Median :n (%)	10 (23.3%)	21 (48.8%)	12 (27.9%)	1 (2.3%)	19 (44.2%)	23 (53.5%)	8 (18.6%)	24 (55.8%)	11 (25.6%)

Legend: CAPS= Clinician-Administered PTSD Scale; HAM-D= Hamilton Depression Rating Scale, 24-item version; IIP= Inventory of Interpersonal Problems, 64-item version; PSS-SR= Posttraumatic Stress Scale, Self-Report; QLES= Quality of Life Enjoyment and Satisfaction Questionnaire; SAS= Social Adjustment Scale, Self-Report version

† There are only 3 subjects in the “disinclined to IPT” category, therefore the inferences regarding differences between the three groups defined by the “Attitude to IPT” variable should be considered very tentative. Comparing only the “no opinion” and “prefer” groups with respect to the trauma variable, the χ^2 test for independence is significant ($p=0.03$).

* Indicates the median, the value at which a continuous variable is split in half: “low” and “high” values at baseline.

+ When the overall test for association between a demographic/clinical/baseline-outcome variable and the opinion of a given psychotherapy is significant, we perform comparisons between the prevalence of a given opinion of the psychotherapy at different levels of the demographic/clinical/baseline-outcome variable. “+” indicates the psychotherapy opinion category, the prevalence of which is different at different levels of the demographic, clinical or baseline outcome variables, i.e., differences between percentages in the same column.