

THE PRIMARY CARE COMPANION FOR CNS DISORDERS

PUBLISHER'S NOTE-

We're Turning a Page...

 ${f W}$ elcome to the first digital flip-page edition of The Primary Care Companion for CNS Disorders. We hope this turn-page format will give you the feel of holding a printed journal in your hands, while allowing you to seamlessly navigate from article to article. Over the years, technology has enabled numerous changes to improve readability and portability but at the sacrifice of the traditional reader experience. Our website now incorporates all of the advantages of reading in the digital world: app accessibility, linking, sharing, commenting, and printing.

If you were with us from the beginning 16 years ago, you will remember that the Companion appeared in print as the Primary Care Companion to The Journal of Clinical Psychiatry. As our readership increased and the Companion expanded, we became an important source of mental health information for primary care physicians and the broader health care community. Thus, we changed our name to The Primary Care Companion for CNS Disorders. In 2009, we made the decision to move from print to the electronic environment to reach an even broader constituency. At the start of our 17th year, we are embracing change again with our new turn-page format.

The success of the Companion is owed to the insights and dedicated work of our many editors and supporters. The founding editors worked to shape the Companion's foundation and set the stage for its growth. For the past 12 years, the Companion has gained prominence under the editorship of Larry Culpepper, MD. Dr Culpepper has been tireless in his dedication to bringing only the best of the best to the Companion's pages, and we look forward to thriving under his leadership in the coming years.

The success of the Companion is also due in great part to you, our readers, and those who submit their research. The quality of submissions is high, and we now attract researchers and clinicians from every continent. As the quality of papers has increased, so has the Companion's following. Today, the Companion attracts over 50,000 visitors a month.

Perhaps the best way to describe today's Companion is as a "colleague," for its articles cover the breadth of the CNS spectrum and the illnesses it encompasses. Now, many of our articles explore the interrelationship between mind and body and help our readers better understand the diagnosis and treatment of many comorbid illnesses.

Our promise to you is that as new and exciting communication choices come our way, we will bring them to you. No matter the format, you—our readers—can be certain that we will continue to provide the most essential information to help you treat your patients.

John S. Shelton, PhD

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