



## **Supplementary Material**

**Article Title:** Sex Differences in Recovery-Related Outcomes and Needs for Psychiatric Rehabilitation in People With Schizophrenia-Spectrum Disorder

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**Supplementary table 1: Sex differences in socio-demographic and clinical characteristics when women aged 40 years or older were omitted from the analyses**

	Schizophrenia			p value
	Male (N=785)	Female <= 40 years (N=191)	Total (N=976)	
<b>Occupational status</b>				0.340 <sup>a</sup>
N	716	177	893	
Without income	167 (23.3%)	46 (26.0%)	213 (23.9%)	
Competitvy/sheltered work	68 (9.5%)	11 (6.2%)	79 (8.8%)	
Unemployment / Disability benefits	481 (67.2%)	120 (67.8%)	601 (67.3%)	
<b>Marital status</b>				< 0.001 <sup>a</sup>
N	771	189	960	
Single	703 (91.2%)	153 (81.0%)	856 (89.2%)	
In a couple	68 (8.8%)	36 (19.0%)	104 (10.8%)	
<b>Parenthood</b>				0.014 <sup>a</sup>
N	758	189	947	
Non-parents	685 (90.4%)	159 (84.1%)	844 (89.1%)	
Parents	73 (9.6%)	30 (15.9%)	103 (10.9%)	
<b>Current age</b>				0.001 <sup>b</sup>
N	785	191	976	
Mean (SD)	31.98 (9.08)	29.13 (6.27)	31.42 (8.68)	
Range	16.26 - 61.86	17.60 - 39.98	16.26 - 61.86	
<b>Education level</b>				0.163 <sup>a</sup>
N	766	188	954	
Primary/Secondary school	167 (21.8%)	36 (19.1%)	203 (21.3%)	
High school	414 (54.0%)	94 (50.0%)	508 (53.2%)	
University	185 (24.2%)	58 (30.9%)	243 (25.5%)	
<b>Protection</b>				0.962 <sup>a</sup>
N	756	186	942	
Without	623 (82.4%)	153 (82.3%)	776 (82.4%)	
With	133 (17.6%)	33 (17.7%)	166 (17.6%)	
<b>Illness duration (years)</b>				0.001 <sup>b</sup>
N	701	177	878	
Mean (SD)	10.56 (8.12)	8.10 (6.19)	10.07 (7.83)	
Range	0.00 - 43.79	0.00 - 27.55	0.00 - 43.79	
<b>Number of previous admissions</b>				0.294 <sup>b</sup>
N	698	177	875	
Mean (SD)	3.22 (3.63)	3.58 (5.40)	3.29 (4.05)	
Range	0.00 - 40.00	0.00 - 64.00	0.00 - 64.00	
<b>Duration (in month) of hospitalization</b>				0.405 <sup>b</sup>
N	607	160	767	
Mean (SD)	8.08 (17.03)	8.53 (14.35)	8.18 (16.50)	
Range	0.00 - 250.00	0.00 - 100.00	0.00 - 250.00	
<b>Duration from the first psychiatric contact</b>				0.402 <sup>a</sup>
N	728	182	910	
<2 years	139 (19.1%)	36 (19.8%)	175 (19.2%)	
2-5 years	136 (18.7%)	41 (22.5%)	177 (19.5%)	
5-10 years	158 (21.7%)	43 (23.6%)	201 (22.1%)	
>10 years	295 (40.5%)	62 (34.1%)	357 (39.2%)	
<b>Suicide attempt</b>				0.009 <sup>a</sup>
N	744	188	932	
No	568 (76.3%)	126 (67.0%)	694 (74.5%)	
Yes	176 (23.7%)	62 (33.0%)	238 (25.5%)	
<b>Addiction</b>				< 0.001 <sup>a</sup>
N	749	187	936	

No addiction	306 (40.9%)	32 (17.1%)	338 (36.1%)	0.065 <sup>a</sup>
One or more addiction(s)	443 (59.1%)	155 (82.9%)	598 (63.9%)	
<b>Psychiatric comorbidity</b>				
N	663	163	826	0.304 <sup>a</sup>
No	509 (76.8%)	136 (83.4%)	645 (78.1%)	
Yes	154 (23.2%)	27 (16.6%)	181 (21.9%)	
<b>Somatic comorbidity</b>				
N	664	161	825	0.287 <sup>a</sup>
No	520 (78.3%)	132 (82.0%)	652 (79.0%)	
Yes	144 (21.7%)	29 (18.0%)	173 (21.0%)	
<b>Anxiolytics treatment</b>				
N	783	189	972	0.332 <sup>a</sup>
Yes	230 (29.4%)	63 (33.3%)	293 (30.1%)	
No	553 (70.6%)	126 (66.7%)	679 (69.9%)	
<b>Antidepressant treatment</b>				
N	783	189	972	0.324 <sup>a</sup>
Yes	177 (22.6%)	49 (25.9%)	226 (23.3%)	
No	606 (77.4%)	140 (74.1%)	746 (76.7%)	
<b>Mood stabilizers treatment</b>				
N	783	189	972	0.074 <sup>a</sup>
Yes	90 (11.5%)	17 (9.0%)	107 (11.0%)	
No	693 (88.5%)	172 (91.0%)	865 (89.0%)	
<b>Neuroleptics treatment</b>				
N	783	189	972	0.367 <sup>a</sup>
Yes	737 (94.1%)	184 (97.4%)	921 (94.8%)	
No	46 (5.9%)	5 (2.6%)	51 (5.2%)	
<b>Charge of drug treatment</b>				
N	783	189	972	
Zero or one classe	418 (53.4%)	94 (49.7%)	512 (52.7%)	
Two and more classes	365 (46.6%)	95 (50.3%)	460 (47.3%)	

a. Pearson's Chi-squared test

b. Kruskal-Wallis rank sum test

**Supplementary table 2: sex differences in cognition and recovery-related outcomes when women aged 40 years or older were omitted from the analyses**

	Schizophrenia			p value
	Male (N=785)	Female <= 40 years (N=191)	Total (N=976)	
<b>Global Assessment of Functioning</b>				0.747 <sup>b</sup>
N	582	153	735	
Mean (SD)	55.49 (13.89)	55.87 (14.24)	55.57 (13.96)	
Range	10.00 - 95.00	20.00 - 90.00	10.00 - 95.00	
<b>Clinical Global Impression</b>				0.686 <sup>b</sup>
N	576	153	729	
Mean (SD)	4.20 (1.10)	4.17 (1.12)	4.19 (1.10)	
Range	1.00 - 7.00	1.00 - 7.00	1.00 - 7.00	
<b>MARS - Total score</b>				0.915 <sup>b</sup>
N	402	101	503	
Mean (SD)	6.82 (1.96)	6.80 (1.96)	6.81 (1.96)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>IS Birchwood - Total score</b>				0.339 <sup>b</sup>
N	439	123	562	
Mean (SD)	8.41 (2.65)	8.71 (2.43)	8.48 (2.61)	
Range	0.00 - 12.00	1.50 - 12.00	0.00 - 12.00	
<b>SQOL18 - Total score</b>				0.198 <sup>c</sup>
N	415	109	524	
Mean (SD)	54.22 (17.25)	51.81 (17.70)	53.72 (17.35)	
Range	4.16 - 100.00	7.81 - 93.22	4.16 - 100.00	
<b>WEMWBS - Total score (z-score)</b>				0.122 <sup>c</sup>
N	480	126	606	
Mean (SD)	-1.05 (1.28)	-1.25 (1.42)	-1.09 (1.32)	
Range	-7.79	-7.37	-7.79	
<b>STORI - Max of stages</b>				0.406 <sup>a</sup>
N	385	102	487	
Moratorium	50 (13.0%)	19 (18.6%)	69 (14.2%)	
Awareness	59 (15.3%)	17 (16.7%)	76 (15.6%)	
Preparation	43 (11.2%)	8 (7.8%)	51 (10.5%)	
Rebuilding	98 (25.5%)	20 (19.6%)	118 (24.2%)	
Growth	135 (35.1%)	38 (37.3%)	173 (35.5%)	
<b>SERS - Total score</b>				0.320 <sup>c</sup>
N	418	105	523	
Mean (SD)	5.24 (19.82)	3.06 (21.16)	4.80 (20.10)	
Range	-99	-108	-108	
<b>ISMI - Total score</b>				0.384 <sup>b</sup>
N	426	115	541	
Mean (SD)	2.19 (0.46)	2.23 (0.43)	2.20 (0.45)	
Range	1.07 - 3.80	1.10 - 3.10	1.07 - 3.80	
<b>CASIG adaptation - Satisfaction level with housing</b>				0.934 <sup>b</sup>
N	393	96	489	
Mean (SD)	6.84 (2.38)	6.79 (2.57)	6.83 (2.41)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>CASIG adaptation - Help needed with housing</b>				0.029 <sup>a</sup>
N	374	93	467	
No	239 (63.9%)	48 (51.6%)	287 (61.5%)	
Yes	135 (36.1%)	45 (48.4%)	180 (38.5%)	

<b>CASIG adaptation - Satisfaction level with daily life skills</b>				0.814 <sup>b</sup>
N	389	95	484	
Mean (SD)	6.48 (2.38)	6.53 (2.41)	6.49 (2.38)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>CASIG adaptation - Help needed with daily life skills</b>				0.316 <sup>a</sup>
N	373	92	465	
No	271 (72.7%)	62 (67.4%)	333 (71.6%)	
Yes	102 (27.3%)	30 (32.6%)	132 (28.4%)	
<b>CASIG adaptation - Satisfaction level with vocational status</b>				0.818 <sup>b</sup>
N	375	92	467	
Mean (SD)	3.42 (2.91)	3.33 (2.81)	3.40 (2.89)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>CASIG adaptation - Help needed with vocational status</b>				0.015 <sup>a</sup>
N	362	94	456	
No	74 (20.4%)	9 (9.6%)	83 (18.2%)	
Yes	288 (79.6%)	85 (90.4%)	373 (81.8%)	
<b>CASIG adaptation - Satisfaction level with interpersonal relationships</b>				0.077 <sup>b</sup>
N	386	96	482	
Mean (SD)	6.20 (2.71)	5.61 (2.92)	6.08 (2.76)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>CASIG adaptation - Help needed with interpersonal relationships</b>				0.044 <sup>a</sup>
N	370	94	464	
No	216 (58.4%)	44 (46.8%)	260 (56.0%)	
Yes	154 (41.6%)	50 (53.2%)	204 (44.0%)	
<b>CASIG adaptation - Satisfaction level with intimate relationships</b>				0.643 <sup>b</sup>
N	384	93	477	
Mean (SD)	4.09 (3.09)	4.35 (3.50)	4.14 (3.17)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>CASIG adaptation - Help needed with intimate relationships</b>				0.305 <sup>a</sup>
N	369	94	463	
No	214 (58.0%)	49 (52.1%)	263 (56.8%)	
Yes	155 (42.0%)	45 (47.9%)	200 (43.2%)	
<b>CASIG adaptation - Satisfaction level with family relationships</b>				0.781 <sup>b</sup>
N	389	96	485	
Mean (SD)	7.01 (2.44)	6.92 (2.52)	6.99 (2.46)	
Range	0.00 - 10.00	0.00 - 10.00	0.00 - 10.00	
<b>CASIG adaptation - Help needed with family relationships</b>				0.195 <sup>a</sup>
N	374	94	468	
No	238 (63.6%)	53 (56.4%)	291 (62.2%)	
Yes	136 (36.4%)	41 (43.6%)	177 (37.8%)	
<b>Having two or more socially valued roles</b>				0.004 <sup>a</sup>
N	700	177	877	
No	597 (85.3%)	135 (76.3%)	732 (83.5%)	
Yes	103 (14.7%)	42 (23.7%)	145 (16.5%)	

<b>Personal recovery</b>				0.503 <sup>a</sup>
N	385	102	487	
STORI - Moratorium/Awareness/Preparation	152 (39.5%)	44 (43.1%)	196 (40.2%)	
STORI - Rebuilding/Growth	233 (60.5%)	58 (56.9%)	291 (59.8%)	
<b>Functional recovery</b>				0.072 <sup>a</sup>
N	582	153	735	
EGF <= 61	427 (73.4%)	101 (66.0%)	528 (71.8%)	
EGF >= 61	155 (26.6%)	52 (34.0%)	207 (28.2%)	
<b>Long term memory (CVLT/RLRI)</b>				0.237 <sup>a</sup>
N	446	115	561	
Deficit level	154 (34.5%)	33 (28.7%)	187 (33.3%)	
Normal level	292 (65.5%)	82 (71.3%)	374 (66.7%)	
<b>Executing functioning (Digit span - Short term memory)</b>				0.008 <sup>a</sup>
N	458	120	578	
Deficit level	59 (12.9%)	27 (22.5%)	86 (14.9%)	
Normal level	399 (87.1%)	93 (77.5%)	492 (85.1%)	
<b>Executing functioning (Digit span - Working memory)</b>				0.010 <sup>a</sup>
N	458	120	578	
Deficit level	75 (16.4%)	32 (26.7%)	107 (18.5%)	
Normal level	383 (83.6%)	88 (73.3%)	471 (81.5%)	
<b>Attention (D2-R - Attention capacity)</b>				0.886 <sup>a</sup>
N	377	88	465	
Deficit level	117 (31.0%)	28 (31.8%)	145 (31.2%)	
Normal level	260 (69.0%)	60 (68.2%)	320 (68.8%)	
<b>Attention (D2-R - Target processed/processing speed)</b>				0.495 <sup>a</sup>
N	383	89	472	
Deficit level	174 (45.4%)	44 (49.4%)	218 (46.2%)	
Normal level	209 (54.6%)	45 (50.6%)	254 (53.8%)	
<b>Attention (D2-R - Errors and omissions)</b>				0.887 <sup>a</sup>
N	380	88	468	
Deficit level	32 (8.4%)	7 (8.0%)	39 (8.3%)	
Normal level	348 (91.6%)	81 (92.0%)	429 (91.7%)	
<b>Planning abilities (Shopping test - Reaction time)</b>				0.175 <sup>a</sup>
N	413	105	518	
Deficit level	83 (20.1%)	15 (14.3%)	98 (18.9%)	
Normal level	330 (79.9%)	90 (85.7%)	420 (81.1%)	
<b>Planning abilities (Shopping test - Error)</b>				0.792 <sup>a</sup>
N	411	105	516	
Deficit level	116 (28.2%)	31 (29.5%)	147 (28.5%)	
Normal level	295 (71.8%)	74 (70.5%)	369 (71.5%)	

a Pearson's Chi-squared test

b Kruskal-Wallis rank sum test

c Linear Model ANOVA