

## Supplementary Material

**Article Title:** A Descriptive Study of the Caregiver's Experience of Managing Care for Children and Adolescents With Attention-Deficit/Hyperactivity Disorder During the COVID-19 Pandemic: The UNCOVER Study

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**Supplementary Table 1.** Survey responses by caregivers regarding their dependents' access to healthcare (related to Figure 3)

<b>Effect of the pandemic on the medical care received by dependents</b>			
<b>Number of respondents = 34</b>			
<b>Parameter</b>	<b>Currently not taking</b>	<b>Currently taking</b>	<b>P-value</b>
	<b>medication for ADHD, n (%)</b>	<b>medication for ADHD, n (%)</b>	
No effect	4 (12)	11 (32)	0.07
Minor effect	4 (12)	3 (9)	0.71
Moderate effect	4 (12)	4 (12)	1.00
Major effect	4 (12)	0 (0)	0.05
<b>Ease of dependents' access to health care for ADHD management during the pandemic</b>			
<b>Number of respondents = 12</b>			
	<b>Currently not taking</b>	<b>Currently taking</b>	<b>P-value</b>
	<b>medication for ADHD, n (%)</b>	<b>medication for ADHD, n (%)</b>	
In-person care preferred, but not viable during pandemic	1 (8)	0 (0)	0.32
Other	1 (8)	3 (25)	0.32
Telehealth services for ADHD management were a welcome change	1 (8)	0 (0)	0.32

Frequency of visits to therapists decreased during the pandemic	1 (8)	0 (0)	0.32
Harder to access healthcare providers for regular appointments	4 (33)	1 (8)	0.18

#### Use of telehealth services for ADHD management by dependents

Number of respondents = 34

	Currently not taking medication for ADHD, n (%)	Currently taking medication for ADHD, n (%)	<i>P</i> -value
Healthcare provider did not offer telehealth services	1 (3)	0 (0)	0.32
Other	3 (9)	2 (6)	0.65
Used telehealth for reasons other than ADHD	3 (9)	3 (9)	1.00
Did not wish to use telehealth	4 (12)	5 (15)	0.74
At least one telehealth visit for ADHD	5 (15)	8 (24)	0.41

Abbreviations: ADHD, attention-deficit/hyperactivity disorder.

**Supplementary Table 2.** Survey responses by caregivers regarding their dependents'

ADHD symptoms (related to Figure 4)

**Extent to which changes in learning environment during the pandemic have affected  
dependents' management of ADHD symptoms**

**Number of respondents = 33**

Parameter	Currently not taking	Currently taking	P-value
	medication for	medication for	
	ADHD, n (%)	ADHD, n (%)	
Does not apply	2 (6)	0 (0)	0.16
Very little	1 (6)	3 (9)	0.65
Somewhat	3 (9)	7 (21)	0.21
To a great extent	9 (27)	8 (24)	0.81

**Symptoms of dependents' ADHD most problematic to manage during the pandemic**

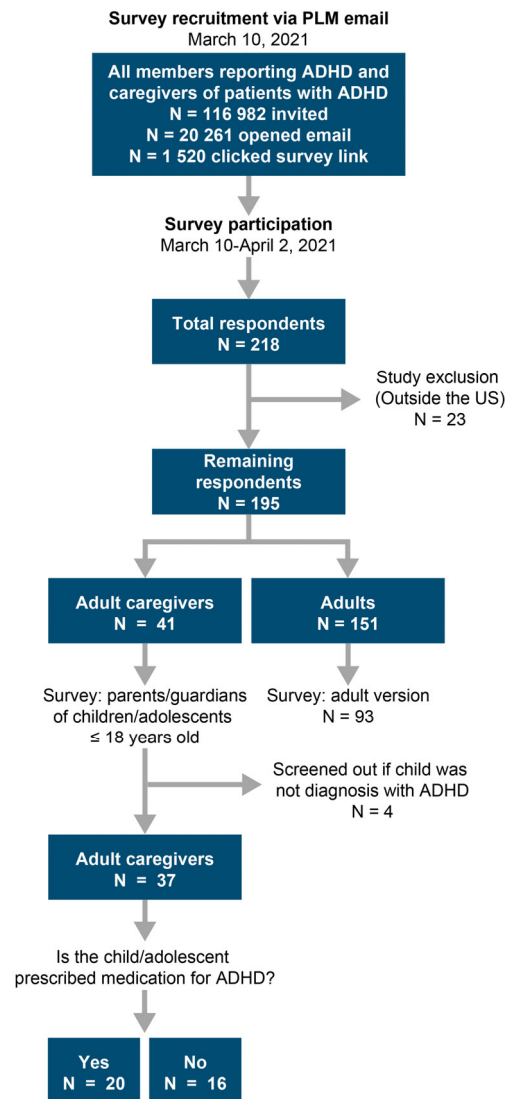
**Number of respondents = 18**

	Currently not taking	Currently taking	P-value
	medication for	medication for	
	ADHD, n (%)	ADHD, n (%)	
Other	2 (11)	0 (0)	0.16
Feeling "driven by a motor"	3 (17)	3 (17)	1.00
Difficulty engaging in quiet, leisurely activity	4 (22)	3 (17)	0.71
Difficulty waiting my turn	5 (28)	3 (17)	0.48
Talking excessively	5 (28)	3 (17)	0.48
Listening when spoken to directly	5 (28)	4 (22)	0.74

Losing things necessary for tasks/activities	6 (33)	2 (11)	0.16
Fidgeting	6 (33)	4 (22)	0.53
Interrupting others	6 (33)	4 (22)	0.53
Feelings of restlessness	7 (39)	4 (22)	0.37
Forgetful in daily activities	8 (44)	2 (11)	0.06
Making careless mistakes	8 (44)	3 (17)	0.13
Organizational skills	9 (50)	4 (22)	0.17
Lack of attention to detail	9 (50)	5 (28)	0.29
Emotional regulation (managing my emotions)	9 (50)	6 (33)	0.44
Tasks requiring sustained mental effort	10 (56)	5 (28)	0.20
Difficulty following through on tasks and instructions	11 (61)	5 (28)	0.13
Easily distracted	11 (61)	5 (28)	0.13

Abbreviations: ADHD, attention-deficit/hyperactivity disorder.

### Supplementary Figure 1: Participant selection diagram



Abbreviations: ADHD, attention-deficit/hyperactivity disorder; PLM, PatientsLikeMe; US, United States.