



## **Supplementary Material**

**Article Title:** Long-Term Antipsychotic Use and Major Cardiovascular Events: A Retrospective Cohort Study

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# Long term antipsychotic use and major cardiovascular events: a retrospective cohort study

## Supplementary appendix

**Supplementary eTable 1.** Side effect profile of selected antipsychotic medication

Medication	Weight gain	Lipids	Glucose	Other
<i>High risk</i>				
Olanzapine	+++	+++	+++	Sedation Hypotension CYP 1A2
Clozapine	+++	+++	+++	Agranulocytosis Myocarditis Lens opacities Sedation Hypotension CYP 1A2, 3A4, 2D6
Thioridazine	+++	++	++	QT prolongation Sedation Hypotension CYP 1A2, 2D6
<i>Intermediate risk</i>				
Quetiapine	++	+	+/-	Sedation CYP 3A4
Risperidone	++	+	+/-	Extrapyramidal effects CYP 2D6, 3A4
<i>Low risk</i>				
Haloperidol	+	-	-	QT prolongation Extrapyramidal effects CYP 3A4
Aripiprazole	+	-	-	CYP 2D6, 3A4
Ziprasidone	+	-	-	QT prolongation CYP 3A4
Trifluoperazine	+	-	-	Extrapyramidal effects
Levomepromazine	+	-	-	Sedation

**Supplementary eTable 2.** Participant follow-up and treatment information

	Low-Risk metabolic side effects (N=223)	Intermediate-risk metabolic side effects (N= 465)	High-risk metabolic side effects (N = 320)
<i>Follow up information for primary outcome</i>			
Median follow up time, months	39.0	33.0	41.5
Median survival time, months	NA	85	90
Incidence rate (events / 1000 person-year)	18.2	49.3	58.1

**Supplementary eTable 3.** Crude cumulative incidence of outcome measures in low, intermediate and high risk groups during study follow up.

<b>Outcome - no. (%)</b>	<b>Low-risk group (N=223)</b>	<b>Intermediate-risk group (N= 465)</b>	<b>High-risk group (N = 320)</b>	<b>p value<sup>1</sup></b>
Myocardial infarction	4 (1.8)	14 (3.01)	16 (5.0)	0.11
Stroke	9 (4.0)	49 (10.5)	55 (17.2)	< 0.01
Peripheral artery disease	1 (0.5)	13 (2.8)	6 (1.9)	0.12
N-STEMI	6 (2.7)	11 (2.4)	15 (4.7)	0.17
CABG	0 (0.0)	1 (0.2)	4 (1.25)	0.06
All cause mortality	48 (21.5)	119 (25.6)	84 (26.3)	0.41
Diabetes	13 (5.8)	31 (6.7)	51 (15.9)	< 0.01
Weight gain *, BMI > 25 Kg/m <sup>2</sup>	5 (2.4)	21 (4.9)	42 (14.8)	< 0.01

BMI: body mass index, N-STEMI: non ST elevation myocardial infarction, CABG: coronary artery bypass grafting.

1. Two sided p value, Chi squared test.

\* N: low risk = 210, intermediate risk= 428, high risk = 284.

**Supplementary eTable 4.** Incidence rate ratios of suicide attempts and psychiatric hospitalizations during follow-up for high-, intermediate- and low-risk groups.

Main exposure	Incidence rate ratio (95% CI) <sup>1</sup>	p value <sup>1</sup>
<b><i>Suicide attempts</i></b>		
High risk of metabolic side effect antipsychotics	0.79 (0.38 - 1.81)	0.53
Intermediate risk of metabolic side effect antipsychotics	0.83 (0.38 - 1.81)	0.64
<b><i>Psychiatric hospitalization</i></b>		
High risk of metabolic side effect antipsychotics	1.07 (0.57 - 2.02)	0.83
Intermediate risk of metabolic side effect antipsychotics	1.36 (0.73 - 2.55)	0.33

1. P value based on Poisson regression with robust standard errors. Exposure modeled using low-risk group as baseline category.

**Supplementary eTable 5.** Crude and propensity score adjusted hazard ratios of primary composite outcome for main exposure

Main exposure	Crude HR (95% CI) <sup>1</sup>	Adjusted HR (95% CI) <sup>2</sup>		
		Overall	< 2 years from baseline	< 5 years from baseline
High risk of metabolic side effect antipsychotics	3.08 (1.85 - 5.11)	3.14 (1.87 - 5.26)	2.87 (1.06 - 7.78)	2.55 (1.43 - 4.56)
Intermediate risk of metabolic side effect antipsychotics	3.17 (1.90 - 5.29)	2.75 (1.62 - 4.65)	2.38 (0.89 - 6.35)	2.13 (1.20 - 3.78)

Abbreviations: HR: Hazard ratio, 95% CI: 95% confidence interval.  
 Primary composite outcome: myocardial infarction, stroke, peripheral artery disease, acute coronary syndrome or new revascularization procedure.  
 1. Univariate Cox proportional hazards model with exact method for ties. Exposure was modeled using low-risk medications as the reference group  
 2. Multivariate Cox proportional hazards model including main exposure and propensity score as regression splines. Exposure was modeled using low-risk medications as the reference group

**Supplementary eTable 6.** Crude and propensity score adjusted hazard ratios of secondary outcomes for main exposure

Main exposure	Crude HR (95% CI)	p value <sup>1</sup>	Adjusted HR (95% CI)	p value <sup>2</sup>
<i>Composite secondary outcome</i>				
High risk of metabolic side effects	1.48 (1.10 - 1.99)	0.01	1.41 (1.04 - 1.92)	0.03
Intermediate risk of side effects	1.91 (1.42 - 2.57)	< 0.01	1.55 (1.14 - 2.11)	< 0.01
<i>All cause mortality</i>				
High risk of metabolic side effects	1.04 (0.73 - 1.49)	0.81	0.95 (0.66 - 1.37)	0.78
Intermediate risk of side effects	1.72 (1.22 - 2.41)	< 0.01	1.32 (0.93 - 1.89)	0.13
<i>Incident type 2 diabetes</i>				
High risk of metabolic side effects	2.85 (1.55 - 5.24)	< 0.01	2.76 (1.45 - 5.25)	< 0.01
Intermediate risk of side effects	1.44 (0.75 - 2.76)	0.27	1.33 (0.67 - 2.66)	0.41

Abbreviations: HR: Hazard ratio, 95% CI: 95% confidence interval.

Composite secondary outcome: myocardial infarction, stroke, peripheral artery disease, acute coronary syndrome, new revascularization procedure and all cause mortality.

1. Univariate Cox proportional hazards model. Exposure was modeled using low-risk medications as the reference group

2. Multivariate Cox proportional hazards model including main exposure and propensity score as regression splines. Exposure was modeled using low-risk medications as the reference group

**Supplementary eTable 7.** Sensitivity analysis excluding patients under combination therapy

Main exposure	Crude HR (95% CI) <sup>1</sup>	Adjusted HR (95% CI) <sup>2</sup>		
		Overall	< 2 years from baseline	< 5 years from baseline
High risk of metabolic side effect antipsychotics	2.79 (1.67 - 4.67)	2.61 (1.44 - 4.71)	2.48 (0.79 - 7.79)	2.03 (1.07 - 3.87)
Intermediate risk of metabolic side effect antipsychotics	3.18 (1.91 - 5.31)	2.59 (1.43 - 4.69)	2.07 (0.71 - 6.07)	1.89 (1.02 - 3.51)

Abbreviations: HR: Hazard ratio, 95% CI: 95% confidence interval.

Primary composite outcome: myocardial infarction, stroke, peripheral artery disease, acute coronary syndrome or new revascularization procedure.

1. Univariate cox proportional hazards model. Exposure was modeled using low-risk medications as the reference group

2. Inverse probability weighting of a marginal structural cox model. Exposure was modeled using low-risk medications as the reference group



**Supplementary eTable 8.** Hazards ratio of major cardiovascular events during follow up for high and low risk antipsychotic medication

Main exposure	Crude HR (95% CI) <sup>1</sup>	Adjusted HR (95% CI) <sup>2</sup>		
		Overall	< 2 years from baseline	< 5 years from baseline
High risk of metabolic side effect antipsychotics	1.61 (1.20 - 2.15)	1.57 (1.17 - 2.12)	1.85 (1.05 - 3.27)	1.61 (1.14 - 2.27)

Abbreviations: HR: Hazard ratio, 95% CI: 95% confidence interval.

Primary composite outcome: myocardial infarction, stroke, peripheral artery disease, acute coronary syndrome or new revascularization procedure.

1. Univariate Cox proportional hazards model. Exposure modeled using low-risk group as baseline category

2. Inverse probability weighting of a marginal structural cox proportional model. Exposure modeled using low-risk group as baseline category

**Supplementary eTable9.** Hazards ratio of major cardiovascular events during follow up for high, intermediate and low risk antipsychotic medication including antipsychotic dose as a covariate.

Main exposure	Crude HR (95% CI) <sup>1</sup>	Adjusted HR (95% CI) <sup>2</sup>		
		Overall	< 2 years from baseline	< 5 years from baseline
High risk of metabolic side effect antipsychotics	3.05 (1.84 - 5.06)	2.67 (1.49 - 4.79)	2.50 (0.82 - 7.64)	2.12 ( 1.13 - 3.98)
Intermediate risk of metabolic side effect antipsychotics	3.15 (1.89 - 5.24)	2.57 (1.43 - 4.65)	2.11 (0.72 - 6.23)	1.91 (1.03 - 3.54)

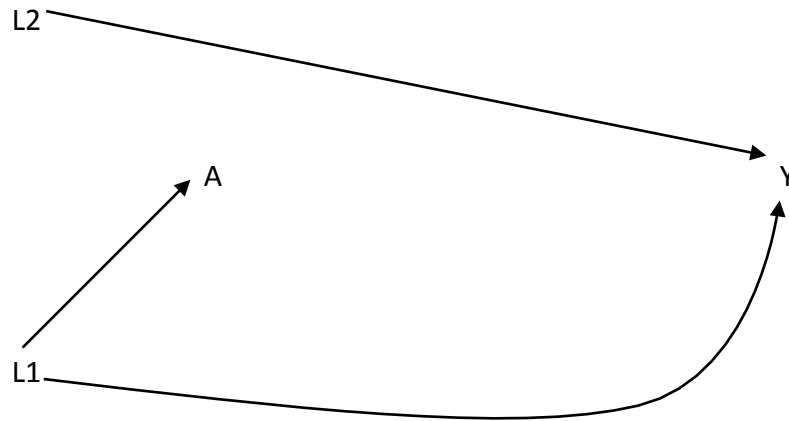
Abbreviations: HR: Hazard ratio, 95% CI: 95% confidence interval.

Primary composite outcome: myocardial infarction, stroke, peripheral artery disease, acute coronary syndrome or new revascularization procedure.

1. Univariate Cox proportional hazards model. Exposure was modeled using low-risk medications as the reference group.

2. Inverse probability weighting of a marginal structural cox proportional model. Exposure was modeled using low-risk medications as the reference group.

**Supplementary eFigure 1.** Acyclic graph under the null (potential confounders included in propensity score calculation)



The figure represents the structural relationship of measured covariates in the setting of the present study. A represents the main exposure and Y the primary outcome. L1 and L2 are vectors of measured covariates. The relationships depicted are under the null since no a-priori relationship between A and Y is present.

Reference:

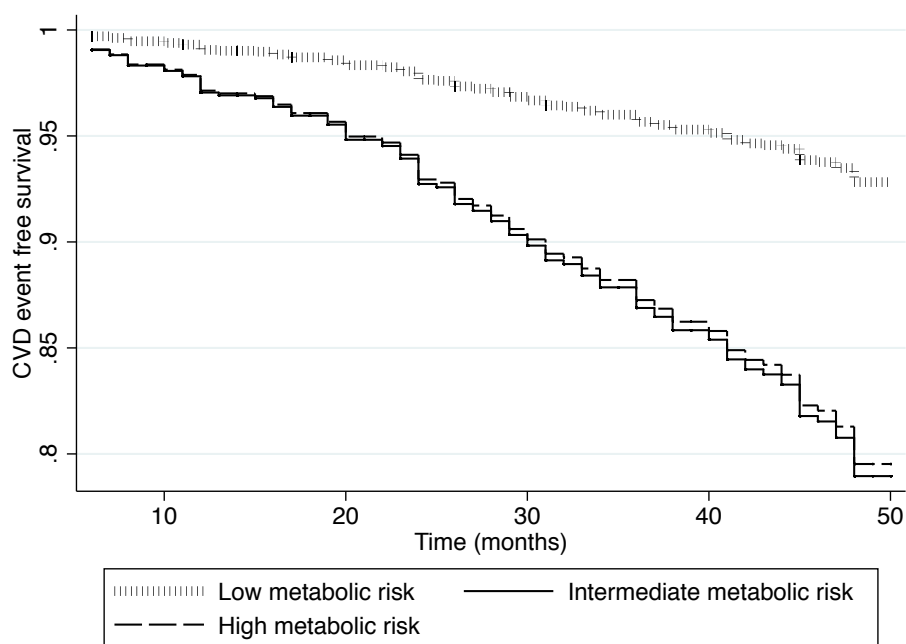
A: Antipsychotic treatment

Y: Major cardiovascular events

L1: age, nursing home, chronic heart failure, previous myocardial infarction, gender, baseline diabetes, previous stroke, previous arrhythmia, dementia, renal failure, statin use, cholinesterase inhibitors, treatment with antidepressants

L2: chronic obstructive pulmonary disease, smoking status, systolic blood pressure, aspirin/clopidogrel, steroids.

**Supplementary eFigure 2.** Estimated proportion of patients free of major cardiovascular events under either high, intermediate or low metabolic risk exposures<sup>1</sup>.



Abbreviations: CVD: cardiovascular disease

Major cardiovascular events: composite of myocardial infarction, stroke, peripheral arterial disease or new revascularization procedure.

1. Multivariate proportional hazards model including propensity score as regression splines.

**Supplementary eFigure 3.** Estimated cumulative survival for high- and low-risk medication groups.

