



## **Supplementary Material**

**Article Title:** Prevalence and Correlates of Benzodiazepine Use, Misuse, and Use Disorders Among Adults in the United States

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**DOI Number:** 10.4088/JCP.18m12174

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Supplementary Table 1. Main motivation for benzodiazepine misuse among adults with past 12-month misuse and use disorder whose last prescription tranquilizer or sedative misuse was benzodiazepine

Main motivation for misuse	Among adults reporting misuse without use disorder (n=2,600 <sup>a</sup> ) Weighted % (SE)	Among adults reporting benzodiazepine use disorder (n=300 <sup>a</sup> ) Weighted % (SE)
Relax or relieve tension	47.1 (1.42) <sup>b</sup>	38.2 (4.14)
Experiment; get high; hooked; increase/decrease effects of other drugs	18.5 (0.95) <sup>b</sup>	24.6 (3.18)
Help with sleep	23.1 (1.29) <sup>b</sup>	14.9 (3.11)
Help with emotions	9.6 (0.78) <sup>b</sup>	20.3 (3.16)
Other reasons	1.8 (0.40)	2.1 (0.91)

<sup>a</sup> SAMHSA requires that any description of overall sample sizes based on the restricted-use data files has to be rounded to the nearest 100, which intends to minimize potential disclosure risk. <sup>b</sup> The estimate is statistically different from the corresponding estimate for those with benzodiazepine use disorders ( $p < 0.05$ ). Abbreviation: SE= standard error.

Supplementary Table 2. Source of benzodiazepine obtained for the most recent episode of misuse among adults with past 12-month misuse and use disorders whose last prescription tranquilizer or sedative misuse was benzodiazepine

Source for the most recent episode of misuse	Adults reporting misuse without use disorder (n=2,600 <sup>a</sup> ) Weighted % (SE)	Adults reporting benzodiazepine use disorder (n=300 <sup>a</sup> ) Weighted % (SE)
Free from friend/relative	56.1 (1.43) <sup>b</sup>	20.9 (3.31)
From doctor(s)	18.5 (1.28) <sup>b</sup>	40.8 (4.12)
Bought from friend/relative	11.8 (0.82)	16.3 (2.84)
From drug dealer/stranger	6.8 (0.70) <sup>b</sup>	16.7 (2.68)
Took from friend/relative without asking	3.0 (0.44)	2.3 (1.20)
Other ways	3.8 (0.51)	2.9 (1.15)

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