

Supplementary Material

Article Title: Efficacy and Safety of Ketamine/Esketamine in Bipolar Depression in a Clinical Setting

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DOI Number: 10.4088/JCP.24m15376

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DISCLAIMER

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Supplementary Table 1. Concomitant medications during acute course.

Psychotropic Medication Class	N (%)
Any Antidepressant (%)	23 (51.1)
SSRI	8 (17.8)
SNRI	7 (15.6)
TCA	3 (6.7)
MAOI	0
Other (Bupropion, mirtazapine)	11 (24.4)
Antipsychotic	25 (55.6)
Mood stabilizer/anticonvulsant	29 (64.4)
Valproic acid	5 (11.1)
Lamotrigine	19 (42.2)
Gabapentin	10 (22.2)
Other (Topiramate, Oxcarbazepine, carbamazepine)	5 (11.1)
Lithium	15 (33.3)
Sedative/hypnotic	22 (48.9)
Benzodiazepine	19 (42.2)
Zolpidem	3 (6.7)
Zaleplon	1 (2.2)
Stimulant	6 (13.3)
Any psychotropic	43 (95.6)
Other	27 (60.0)
Trazodone	11 (24.4)
Hydroxyzine	7 (15.6)
Buspirone	2 (4.4)
Other	11 (24.4)

Supplementary Table 2. Medical and Psychiatric Comorbidities

Body System	N (%)
Eyes, Ears, Nose & Throat	1 (2.2)
Respiratory	4 (8.9)
Cardiovascular	4 (8.9)
Gastrointestinal	4 (8.9)
Genitourinary	1 (2.2)
Musculoskeletal	5 (11.1)
Neurologic	9 (20.0)
Endocrine & Metabolic	9 (20.0)
Hematopoietic/Lymphatic	5 (11.1)
Dermatologic	2 (4.4)
Reproductive/Breast	5 (11.1)
Other	
Vitamin D Deficiency	3 (6.7)
Psychiatric Comorbidity	21 (46.7)
Attention Deficit Hyperactivity Disorder	3 (6.7)
Anxiety (GAD, social phobia)	10 (22.2)
Obsessive Compulsive Disorder	1 (2.2)
Alcohol Use Disorder (in remission)	3 (6.7)
Previous mood episode with psychotic features	3 (6.7)
Post Traumatic Stress Disorder	4 (8.9)
Personality Disorder	2 (4.4)
Eating Disorder	3 (6.7)