

Supplementary Material

Article Title: Baseline Cardiovascular Risk Factors in Patients With Severe Mental Illness (SMI) and Second Generation Antipsychotic Use From the Fixed Dose Intervention Trial of New England Enhancing Survival in SMI (FITNESS)

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LIST OF SUPPLEMENTARY MATERIAL FOR THE ARTICLE

1. [Demographics and Material Need Insecurities by Study Site](#)
2. [Table 1](#) Baseline Cognitive and Psychiatric Symptom Measures in FITNESS Participants

DISCLAIMER

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Supplementary material

Demographics and material need insecurities by study site

Across study sites, ages ranged from 33.2-45.6 years old and there were 33.3%-54.5% females and 45.5%-69.2% males. There were 0.0-2.1% of participants across study sites who identified as American Indian or Alaska Native, 0.0-4.0% Asian, 0.0% Native Hawaiian or Pacific Islander, 0.0-76.9% Black or African American, 15.4%-100.0% White, 0.0-17.0% More than one race, and 0.0%-7.7% Unknown or not reported across study sites. There were 0.0%-16.7% of participants across study sites who identified as Hispanic or Latino, 78.7%-100.0% not Hispanic or Latino, and 0.0%-8.5% Unknown or not reported. Across study sites, 0.0%-19.5% of participants reported housing instability, 10.9%-58.3% food insecurity, and 0.0%-41.7% energy insecurity.

Supplementary Table 1: Baseline cognitive and psychiatric symptom measures in FITNESS participants

	Total N=204	Female N=81	Male N=123
Brief Assessment of Cognition in Schizophrenia (BACS), Total score ^a	234.7 (52.0)	240.1 (51.1)	231.3 (52.5)
North American Adult Reading Test (NAART), FSIQ	110.8 (9.9)	111.8 (10.5)	110.1 (9.5)
Young Mania Rating Scale (YMRS), Total Score	5.2 (5.7)	5.1 (5.9)	5.2 (5.5)
Montgomery-Asberg Depression Rating Scale (MADRS), Total Score	12.7 (9.6)	13.8 (10.1)	12.0 (9.2)
Scale for the Assessment of Positive Symptoms (SAPS), Total Score	10.1 (12.7)	7.8 (10.7)	11.4 (13.6)
Scale for the Assessment of Negative Symptoms (SANS), Total Score	16.4 (13.8)	13.9 (12.8)	17.9 (14.2)
Positive and Negative Syndrome Scale (PANSS), Total Score	45.1 (9.9)	43.9 (10.3)	45.9 (9.7)
Scale to assess Unawareness of Mental Disorder (SUMD), General Items Summary Score	8.5 (5.7)	7.4 (5.3)	9.2 (5.9)
Multnomah Community Ability Scale (MCAS), Total Score	47.3 (8.1)	47.2 (9.5)	47.4 (7.1)
World Health Organization Disability Assessment Scale (WHODAS), General Disability Score	0.9 (0.6)	0.9 (0.5)	0.9 (0.6)

^a Values are expressed as mean (SD).