

Table 2.

**Participants' Personal Data and a Brief Summary of the Context of the Conflict<sup>a</sup>**

Subject	Age range	No. of children (age)	Education	Psychiatric diagnosis	Context of conflict	Conflict outcome
	Sex/sexual orientation Marital status					
1	Adult Male/heterosexual Married	0	Completed higher education	None	His wife had to move to another state for work. They meet face-to-face only 3 days a week. His wife would like to get pregnant with artificial insemination	All parties were satisfied with the outcome
2	Adult Male/heterosexual Married	1 (2 y)	Completed higher education	Generalized anxiety disorder	He likes his wife, but he's sure he doesn't love her. No sexual relationship for 1 year—both show no interest. His family follows the Catholic religion. He wants to maintain constant contact with his daughter	All parties were partially satisfied with the outcome
3	Middle-aged adult Male/heterosexual Divorced	2 (5 y and 3 y)	Completed higher education	Panic disorder in remission	He has been in a relationship for a few months. He was experiencing financial difficulty and had little time to manage tasks. His girlfriend does not have a child and wants to have a baby	The patient was dissatisfied, while the other party was satisfied
4	Adult Male/homosexual Single	0	Completed higher education	Social anxiety disorder	He received a job offer in another country that offers excellent quality of life and good pay. However, his mother (widowed) and sister ask him to continue taking care of the family business and not go to live abroad	The patient was dissatisfied, while the other party was satisfied
5	Adult Female/heterosexual Married	2 (7 y and 4 y)	Did not complete higher education	None	A coworker with bipolar disorder was going through a divorce and struggling financially. This colleague counted her lunch break as work and made calls for another job during working hours. The company asks if the patient could be a witness against the coworker. The company will claim that the coworker is engaging in irregular activities at work to announce her dismissal as a just cause	The patient was satisfied, while the other party was partially satisfied
6	Adult Male/heterosexual Married	1 (2 y)	Completed secondary education	No	He was experiencing many conflicts with his wife, who was diagnosed with borderline personality disorder. He follows the Protestant religion. He would like to leave his wife, but he understands that his presence at home is essential to offer better conditions for his daughter	All parties were partially satisfied with the outcome
7	Middle-aged adult Male/heterosexual Divorced	1 (11 y)	Completed higher education	Attention-deficit/hyperactivity disorder	He ended a long marital relationship several months ago. His ex-wife meets the diagnostic criteria for dysthymia. She discovered that he had an affair prior to their separation. He feels guilty and is uncertain about whether or not to disclose this information to their school-aged son	All parties were satisfied with the outcome
8	Middle-aged adult Female/homosexual Married	1 (14 y)	Did not complete higher education	No	She was having an affair with a woman and now faced a difficult decision: whether to end her marriage of over 2 decades, a marriage defined by partnership	The patient was satisfied, while the other party was dissatisfied
9	Middle-aged adult Male/heterosexual Divorced	1 (6 y)	Completed higher education	None	After a few years of separation, his ex-wife showed interest in getting back together. There are some sorrows, and he has little sexual attraction to her. However, his daughter would be very happy with the re-establishment of the marriage	The patient was partially satisfied, while the other party was satisfied

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10	Young adult Male/heterosexual Single	0	Did not complete higher education	None	He is an only child. His father always encouraged him to study law to continue his father's legacy. His father owns a high-status law firm. He understands that he will have excellent financial conditions if he continues in the career of law, but he discovered that he would like to work in another field	The patient was satisfied, while the other party was partially satisfied
11	Young adult Female/bisexual Single	0	Did not complete higher education	Generalized anxiety disorder	She lives with her mother and is her only child. Her father lives in another country and has other children with her stepmother. She can study abroad if she lives in her father's apartment for a while. However, she understands that her mother is not in good mental health. Her mother does not like the father and considers the patient as her best friend	The patient was satisfied, while the other party was partially satisfied
12	Adult Female/heterosexual Single	0	Completed higher education	Bipolar II disorder	She has been dating for a few months. There was an unplanned pregnancy at the time she was promoted at work. Tests show that the child has Down syndrome. She follows Catholicism. The boyfriend and the boyfriend's family asked her to have an abortion	The patient was satisfied, while the other party was partially satisfied
13	Middle-aged adult Male/heterosexual Married	2 (14 y and 4 y)	Completed higher education	Panic disorder in remission	His wife meets the diagnostic criteria for bipolar disorder (with pharmacologic treatment) and dependent personality disorder. His wife's family is very invasive and often creates conflict situations. He understands that this is an abusive relationship—he sacrifices himself. However, he is sure that being at home helps to promote a healthier environment for his children	The patient was partially satisfied, while the other party was satisfied
14	Middle-aged adult Female/heterosexual Widowed	2 (36 y and 34 y)	Did not complete higher education	Persistent depressive disorder (dysthymia)	Her grandson (teenager) had a disagreement with his stepfather. The stepfather slapped her grandson across the face. The stepfather apologized; however, her grandson now wants to live in her house. Her daughter does not want to take a stand and thinks her son's wish can be fulfilled	All parties were satisfied with the outcome
15	Middle-aged adult Male/heterosexual Married	2 (6 y and 4 y)	Completed higher education	None	He lost his managerial position at the company he works for. He was demoted to a technical position. A week later, the business owner asked if he could choose a manager from another area to fire. This would be the only possibility for him to have the position of manager again	The patient was satisfied, while the other party was partially satisfied
16	Young adult Female/heterosexual Single	0	Completed higher education	None	Her school-aged cousin said that her uncle sexually harassed her with inappropriate caresses. She thinks this uncle always seemed to be a mentally healthy person. She is unsure whether to talk to her cousin's parents	All parties were partially satisfied with the outcome
17	Middle-aged adult Male/heterosexual Married	3 (12 y, 9 y, and 7 y)	Completed secondary education	Attention-deficit/hyperactivity disorder	He and his wife agree that there has been an increase in violence in the city. His wife experienced an armed robbery situation the week before. His son loves his school and the church they attend. However, he and his wife were considering moving to another region of the country	The patient was satisfied, while the other party (his son) was partially satisfied

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Subject	Age range	No. of children (age)	Education	Psychiatric diagnosis	Context of conflict	Conflict outcome
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18	Young adult Female/heterosexual Engaged	0	Did not complete higher education	Generalized anxiety disorder	She and her boyfriend broke up for several weeks, during which she had an affair. They got back together, and he asked her to marry him. However, she discovered that she is pregnant. She follows Catholicism. Her fiancé asked her to abandon the baby's father, forgive him, and move forward with their wedding plans	All parties were partially satisfied with the outcome
19	Young adult Male/homosexual Single	0	Completed higher education	Social anxiety disorder	His parents are divorced. The father is extremely strict and very religious. He lives with his mother and revealed to her and his brother that he is homosexual. Now, he has a boyfriend and is unsure whether to tell his father about his sexual orientation	The patient was satisfied, while the other party was dissatisfied
20	Middle-aged adult Male/heterosexual Divorced	1 (14 y)	Completed higher education	None	He has been following the precepts of Buddhism for over 20 years. He is close to retiring. He received an invitation to live in a house located several hours by car. There, he will help in the maintenance of a Buddhist temple. He has shared custody of his teenaged son, and his ex-wife would continue to live in the central region of the big city	All parties were partially satisfied with the outcome
21	Middle-aged adult Male/heterosexual Divorced	1 (16 y)	Did not complete higher education	None	He and his ex-wife need to decide whether to give their daughter (16 years old) permission to have bariatric surgery. The daughter really wants to have the procedure done. His current girlfriend supports her. His ex-wife is a very anxious person and describes catastrophic hypothetical scenarios	The patient was satisfied, while the other party was partially satisfied
22	Middle-aged adult Male/heterosexual Married	2 (15 y and 12 y)	Completed higher education	None	His father, with whom he had a strong emotional connection, passed away 6 months ago. His father left a beach house as an inheritance and said he wanted the family (with his grandchildren) to continue visiting and taking care of the house. However, his sister has moved abroad and needs money. Another sibling is unemployed, has a son, and needs money. His two siblings would like to sell the house	The patient was partially satisfied, while the other party was satisfied
23	Young adult Female/heterosexual Single	0	Did not complete higher education	Generalized anxiety disorder, obsessive-compulsive disorder in remission	She has followed the Protestant religion since childhood. Her parents are very conservative and strict. The family tries to follow and impose some dogmas, such as demanding that they be baptized, that they get married in the church, and that they only lose their virginity after getting married. Her boyfriend proposed that she move in with him and that they would only have a civil union	The patient was satisfied, while the other party was partially satisfied
24	Young adult Female/heterosexual Single	0	Completed secondary education	Generalized anxiety disorder	She has a boyfriend (a relationship of many years). He accepted employment in a distant state and moved there. She went on to do a medical residency in the city where she lives. Her boyfriend invited her to move in with him and get married. She would have to apply for a new residency in the other city and live away from her family	The patient was satisfied, while the other party was partially satisfied

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25	Adult Female/heterosexual Married	1 (7 y)	Did not complete higher education	Generalized anxiety disorder	She is in an emotionally abusive relationship with her current husband and is thinking about ending the relationship. She is unemployed and has no support from family members, while he has a great financial situation. Her daughter's father abandoned her when she was 1 year old. Her daughter does not like her stepfather. However, the stepfather provides a standard of living by residing in a safe neighborhood with a great school	The patient was partially satisfied, while the other party (her daughter) was satisfied
26	Middle-aged adult Female/homosexual Married	0	Completed secondary education	Bipolar II disorder	She has unempathetic parents. They are very impulsive people. During her childhood, she experienced physical and emotional violence and neglect on the part of her parents. At this time, her father is recovering from a stroke, and her mother is in serious financial debt because she has problems with pathological gambling. Her mother begged for help to pay off her debts and promises to pay back in installments. Her wife does not agree	The patient and her wife were satisfied, while the other party (her parents) was partially satisfied
27	Middle-aged adult Male/heterosexual Married	1 (6 y)	Completed higher education	No	He and his wife adopted a black child. He has a relative who often made racist jokes. He estranged himself from this relative for a few years. However, his mother asked him to get back together with the relative because he has cancer. His mother asked him to participate in social events (family lunches, weekend trips)	The patient was satisfied, while the other party (his mother) was partially satisfied
28	Middle-aged adult Male/heterosexual Married	1 (30 y)	Completed elementary school	None	His daughter discovered that she has cancer. She is married, has a child, and lives in another region of the country. He and his wife are considering moving there to provide support during treatment and to reconnect with their grandchild. However, he would have to resign from his current job, and they (the parents) would be away from their other child who lives nearby	All parties were partially satisfied with the outcome
29	Young adult Female/heterosexual Single	0	Did not complete higher education	Social anxiety	She was experiencing a very precarious financial condition. She studies at a prestigious university; it takes a 2-hour bus ride to get there, and she supports herself with the help of a scholarship. She received a job offer and an 80% discount to study at a private university (less traditional and lower curriculum status) in the city where she lives	All parties were satisfied with the outcome
30	Middle-aged adult Female/heterosexual Married	0	Completed higher education	Adjustment disorder	She has always been very dedicated to her work and now has to decide if she will get pregnant. She has a diagnosis of endometriosis. She needs to make a decision: she can have reconstructive surgery on her uterus but may suffer more bad consequences in the future, or she can undergo surgery for complete removal of the uterus. The husband has a child with his ex-wife and said the decision can be made by her	The patient was partially satisfied, while the other party was satisfied

<sup>a</sup>Note: Information about the participants and the conflict has been modified to protect the anonymity of those involved.