

Supplementary Material

Article Title: What Internists and Neurologists Know and Think About Catatonia: Reply to Espinoza and Kellner

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LIST OF SUPPLEMENTARY MATERIAL FOR THE ARTICLE

1. Pre-Survey: Experience, Impressions, and Applications

DISCLAIMER

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Pre-survey: Experience, Impressions, and Applications^a

Please complete the survey below.

Thank you!

Which of the following best describes catatonia?

- ☐ Catatonia is a state of akinetic mutism.
☐ Catatonia is a reaction to trauma characterized by loss of touch with reality.
☐ Catatonia is a subtype of schizophrenia.
☐ Catatonia is a psychomotor syndrome with hypo-, hyper-, and parakinetic types.

Have you ever diagnosed catatonia?

- ☐ Yes
☐ No

Have you done so in the past 3 months?

- ☐ Yes
☐ No

Have you ever managed a patient with catatonia?

- ☐ Yes
☐ No

Have you done so in the past 3 months?

- ☐ Yes
☐ No

To what degree do you agree with the following statements?

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
It is important for practitioners in my specialty to know about catatonia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am confident in my ability to diagnose catatonia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am confident in my ability to manage catatonia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It would be beneficial for my practice to receive more training on catatonia.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Clinical Application

Are the following statements correct or incorrect?

	Correct	Incorrect
Catatonia can be complicated by autonomic instability and prove fatal.	<input type="radio"/>	<input type="radio"/>
Catatonia should be treated only in psychiatric settings.	<input type="radio"/>	<input type="radio"/>

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Secondary causes of catatonia should be considered when catatonia is diagnosed.



Based on published data, what proportion of catatonia has a secondary (medical or neurological) cause?

- ☐ 0%
☐ 20%
☐ 65%
☐ 90%

What proportion of secondary catatonia is due to a condition that directly affects the CNS (e.g., seizures, encephalitis, structural damage)?

- ☐ 0%
☐ 20%
☐ 65%
☐ 90%

Which of the following are potential complications of catatonia?
SELECT ALL THAT APPLY

- ☐ Pulmonary embolism
☐ Contractures
☐ Aspiration pneumonia
☐ Autonomic instability
☐ Malnutrition and dehydration
☐ Pressure ulcers

What is the first-line treatment for catatonia?

- ☐ Selective serotonin reuptake inhibitor (SSRI)
☐ Benzodiazepine
☐ Atypical antipsychotic
☐ Lithium

OPTIONAL: We welcome any comments you might have about the items above.

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