

Supplementary Material

Article Title: The Effect of a Nationwide Aftercare Program for Self-Harm Presentations on the Risk of Self-Harm Repetition and Suicide: A Cohort Study

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The effect of a nationwide aftercare program for self-harm presentations on the risk of self-harm repetition and suicide: a cohort study

Supplementary Table 1. The International Classification of Diseases, Tenth Revision (ICD-10) codes for categories of psychiatric disorders.

	ICD-9-CM	ICD-10-CM
Depressive disorders	296.2, 296.3, 298.0, 300.4, 301.12, 311	F32.0, F32.1, F32.2, F32.3, F32.4, F32.5, F32.9, F33.0, F33.1, F33.2, F33.3, F33.4, F33.9, F34.1
Anxiety disorders	300.0, 300.2	F40.x, F41.x
Bipolar disorders	296.0, 296.1, 296.4, 296.5, 296.6, 296.7, 296.8	F30.x, F31.x, F32.8
Schizophrenia	295.x	F20.x, F25.x
Substance use disorders	291.x, 292.x, 303.x, 304.x, 305.0, 305.2-305.9	F10.10, F10.120, F10.129, F10.14, F10.15x, F10.18x, F10.19, F10.2x, F10.9x, F11.x, F12.x, F13.x, F14.x, F15.x, F16.x, F17.203, F17.209, F17.213, F17.219, F17.223, F17.229, F17.293, F17.299, F18.x, F19.x, F55.x
Personality disorders	301.0, 301.10, 301.11, 301.13, 301.2, 301.3, 301.4, 301.5, 301.6, 301.7, 301.8, 301.9	F21, F34.0, F60, F68.10, F68.12, F69, R45.86

Supplementary Table 2. Sensitivity analyses: hazard ratios (HRs) and 95% confidence intervals (CIs) for self-harm repetition and suicide amongst self-harm patients who were exposed to aftercare, compared with those not exposed to aftercare (A) using certified suicides only, (B) using 180 days as a valid aftercare intervention, and (C) using propensity score stratification.

	Self-harm repetition		Suicide	
	HR	(95% CI)	HR	(95% CI)
Main analysis	1.17	(1.14, 1.21)	0.80	(0.74, 0.86)
Sensitivity analysis A: using certified suicides only	.	..	0.85	(0.78, 0.93)
Sensitivity analysis B: using 180 days as a valid aftercare intervention	1.19	(1.15, 1.23)	0.80	(0.74, 0.86)
Sensitivity analysis C: using propensity score stratification	1.17	(1.13, 1.21)	0.82	(0.76, 0.88)

Note: All the models were adjusted for sex, age group, self-harm method, marital status, education level, area median household income, a history of psychiatric disorders, comorbidity index, and psychiatric or non-psychiatric hospitalisation. 95% confidence intervals that do not include one are highlighted in bold.