

Supplementary Material

Article Title: Lithium in the Prevention of Postpartum Recurrence of Mood Disorders: A Systematic Review and Meta-Analysis

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Supplementary Table 1. Results of the risk of bias assessment of included studies using the JBI critical appraisal tools for case series.

Author(s) and Year	JBI_1	JBI_2	JBI_3	JBI_4	JBI_5	JBI_6	JBI_7	JBI_8	JBI_9	JBI_10
Stewart, 1988	YES	UNCLEAR	UNCLEAR	YES	NO	YES	YES	YES	UNCLEAR	N/A
Austin, 1992	YES	YES	YES	YES	UNCLEAR	YES	YES	YES	YES	YES

JBI Critical Appraisal Checklist for Case Series Questions: (JBI_1) Were there clear criteria for inclusion in the case series? (JBI_2) Was the condition measured in a standard, reliable way for all participants included in the case series? (JBI_3) Were valid methods used for identification of the condition for all participants included in the case series? (JBI_4) Did the case series have consecutive inclusion of participants? (JBI_5) Did the case series have complete inclusion of participants? (JBI_6) Was there clear reporting of the demographics of the participants in the study? (JBI_7) Was there clear reporting of clinical information of the participants? (JBI_8) Were the outcomes or follow-up results of case studies clearly reported? (JBI_9) Was there clear reporting of the presenting site(s)/clinic(s) demographic information? (JBI_10) Was statistical analysis appropriate?

Supplementary Table 2. Results of the risk of bias assessment of included studies using the JBI critical appraisal tools for cohort studies.

Author(s) and Year	JBI_1	JBI_2	JBI_3	JBI_4	JBI_5	JBI_6	JBI_7	JBI_8	JBI_9	JBI_10	JBI_11
Stewart et al., 1991	YES	YES	YES	YES	YES	YES	YES	YES	YES	N/A	N/A
Cohen et al., 1995	YES	UNCLEAR	YES	YES	YES	YES	YES	YES	YES	N/A	YES
Viguera et al., 2000	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Bergink et al., 2012	YES	YES	YES	YES	YES	YES	YES	YES	YES	N/A	YES
Rosso et al., 2016	YES	YES	YES	YES	YES	YES	YES	YES	YES	N/A	N/A
Gilden et al., 2021	YES	YES	YES	YES	YES	N/A	YES	YES	N/A	N/A	YES

JBI Critical Appraisal Checklist for Cohort Studies Questions: (JBI_1) Were the two groups similar and recruited from the same population? (JBI_2) Were the exposures measured similarly to assign people to both exposed and unexposed groups? (JBI_3) Was the exposure measured in a valid and reliable way? (JBI_4) Were confounding factors identified? (JBI_5) Were strategies to deal with these confounding factors stated? (JBI_6) Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)? (JBI_7) Were the outcomes measured in a valid and reliable way? (JBI_8) Was the follow-up time reported and sufficient to be long enough for outcomes to occur? (JBI_9) Was follow-up complete, and if not, were the reasons to loss to follow-up described and explored? (JBI_10) Were strategies to address incomplete follow-up utilized? (JBI_11) Was appropriate statistical analysis used?